

HERCULES GYM HISTORICAL MEET RANKINGS
EQUIPPED

114 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

114 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

114 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

114 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

123 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	520		Daryl Johnson (5/2/92) 11/18/17 123.2

123 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	300		Daryl Johnson (5/2/92) 11/18/17 123.2

123 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	425		Daryl Johnson (5/2/92) 11/18/17 123.2

123 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1245		Daryl Johnson (5/2/92) 11/18/17 123.2

132 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	325		Evan Salmonsens (8/14/99) 6/3/2017 132.0

132 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	160		Evan Salmonsens (8/14/99) 6/3/2017 132.0

132 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	325		Evan Salmonsens (8/14/99) 6/3/2017 132.0

132 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	810		Evan Salmonsens (8/14/99) 6/3/2017 132.0

148 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	465		Louis Imperatrice / /11/05/2016/ 144.4

148 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	350		Louis Imperatrice / /11/05/2016/ 144.4

148 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	400		Louis Imperatrice / /11/05/2016/ 144.4

148 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1215		Louis Imperatrice / /11/05/2016/ 144.4

165 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	285		Victor Urena (12/5/86) 11/18/17 161.2

165 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	210		Victor Urena (12/5/86) 11/18/17 161.2

165 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	325		Victor Urena (12/5/86) 11/18/17 161.2

165 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	820		Victor Urena (12/5/86) 11/18/17 161.2

181 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	665		Johnnathan Royster () 2/18/2017 180.2
2.	385		Coleton Sereno (7/13/98) 6/3/2017 179.0

181 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	405		Johnnathan Royster () 2/18/2017 180.2
2.	295		Coleton Sereno (7/13/98) 6/3/2017 179.0
3.	280		Hunter Donhauser (5/19/2000) 2/3/2018 181.0

181 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	530		Johnnathan Royster () 2/18/2017 180.2
2.	465		Coleton Sereno (7/13/98) 6/3/2017 179.0

181 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1600		Johnnathan Royster () 2/18/2017 180.2
2.	1145		Coleton Sereno (7/13/98) 6/3/2017 179.0

198 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	700		Mark Van Alstyne () 11/21/2015 195.6

198 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	480		Mark Van Alstyne () 6/18/2016 194.4

198 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	500		Mark Van Alstyne () 11/21/2015 195.6

198 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1650		Mark Van Alstyne () 11/21/2015 195.6

220 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	740		Steven Rizzo (3/16/90) 8/4/2018 212.6
2.	675		Roy Somers (6/26/83) 8/4/2018 200.4

220 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	540		Keith O'dell (2/6/82) 8/4/2018 215.2
2.	530		Steven Rizzo (3/16/90) 8/4/2018 212.6
3.	440		Roy Somers (6/26/83) 8/4/2018 200.4
4.	300		Pete Diaz () 2/18/2017 216.8
5.	300		Jeffrey Cuyler (11/26/99) 6/3/2017 215.4

220 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	600		Steven Rizzo (3/16/90) 8/4/2018 212.6
2.	550		Roy Somers (6/26/83) 8/4/2018 200.4

220 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1870		Steven Rizzo (3/16/90) 8/4/2018 212.6
2.	1665		Roy Somers (6/26/83) 8/4/2018 200.4

242 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	705		Dan Zahno (1/14/75) 6/3/2017 235.2
2.	700		Bobby Fields () 2/18/2017 232.4
3.	660		Eric Winter (5/15/72) 2/2/2019 238.2

242 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	675		Patrick Fraccola () 6/18/2016 241.2
2.	645		Dave Kingwater () 11/17/18 241.6
3.	620		Eric Winter (5/15/72) 2/2/2019 238.2
4.	610		Mark Chieco () 6/18/2016 239.2
5.	525		Bobby Fields () 2/18/2017 232.4
6.	480		Darrell Sterling (6/8/65) 8/26/2017 237.0
7.	480		Jim Moritz () 5/19/2018 241.8
8.	465		Dan Zahno (1/14/75) 6/3/2017 235.2

242 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	625		Jim Rightmire (2/12/79) 8/4/2018 242.2
2.	605		Bobby Fields () 2/18/2017 232.4
3.	570		Eric Winter (5/15/72) 8/26/2017 238.2
4.	530		Dan Zahno (1/14/75) 6/3/2017 235.2

242 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1830		Bobby Fields () 2/18/2017 232.4
2.	1780		Eric Winter (5/15/72) 2/2/2019 238.2
3.	1700		Dan Zahno (1/14/75) 6/3/2017 235.2

275 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1125		Bob Merkh (1/14/84) 8/26/2017 267.2

275 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	825		Jim Phraner () 7/16/2016 269.6
2.	800		Bob Merkh (1/14/84) 8/4/2018 269.6
3.	675		Mark Chieco (8/30/77) 8/4/2018 257.2
4.	600		Dave Kingwater () 7/16/2016 261.6
5.	525		Kevin Johnson () 7/16/2016 273.6

275 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	855		Chris Dellafave (6/14/88) 8/4/2018 263.6
2.	750		Bob Merkh (1/14/84) 8/4/2018 269.6
3.	715		Randy Owen (11/7/86) 4/8/2018 266.8

275 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	2605		Bob Merkh (1/14/84) 8/26/2017 267.2

308 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 950		Bill Fritz (11/1/88) 8/4/2018 288.8
2. 735		Fred Seeburger () 6/20/2015
3. 700		Joe Stein () 6/20/2015

308 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 645		Bill Fritz (11/1/88) 8/26/2017 291.6
2. 540		Art Dispenza () 2/18/2017 299.0
3. 430		Fred Seeburger () 6/20/2015
4. 405		Joe Stein () 6/20/2015

308 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 700		Bill Fritz (11/1/88) 8/26/2017 291.6
2. 500		Joe Stein () 6/20/2015
3. 450		Fred Seeburger () 6/20/2015

308 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 2250		Bill Fritz (11/1/88) 8/26/2017 291.6
2. 1615		Fred Seeburger () 6/20/2015
3. 1605		Joe Stein () 6/20/2015

SHW Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	970		Matt Magnavita (11/15/96) 8/26/2017
2.	805		Joe Stein () 11/21/2015 294.4

SHW Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	700		Matt Magnavita (11/15/96) 8/26/2017
2.	525		Joe Stein () 11/21/2015 294.4

SHW Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	585		Joe Stein () 11/21/2015 294.4
2.	540		Matt Magnavita (11/15/96) 8/8/4/2018 345.6

SHW Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	2170		Matt Magnavita (11/15/96) 8/4/2018 345.6
2.	1915		Joe Stein () 11/21/2015 294.4

WOMEN'S RANKINGS

97 Pound Women's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

97 Pound Women's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

97 Pound Women's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

97 Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

105 Pound Women's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

105 Pound Women's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

105 Pound Women's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

105 Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

114 Pound Women's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	215		Layla Merkh () 5/19/2018 114.0

114 Pound Women's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	85		Layla Merkh () 5/19/2018 114.0

114 Pound Women's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	210		Layla Merkh () 5/19/2018 114.0

114 Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	510		Layla Merkh () 5/19/2018 114.0

123 Pound Women's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	365		Janet Faraone () 122.4 10/21/2017

123 Pound Women's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	310		Janet Faraone () 2/18/2017 121.6

123 Pound Women's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	405		Janet Faraone () 2/18/2017 121.6

123 Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1045		Janet Faraone () 122.4 10/21/2017

132 Pound Women's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	580		Heidi Howar () 10/21/2017 130.6
2.	470		Jessica Kline (1/23/90) 6/3/2017 130.8
3.	420		Candace Kucsulain () 10/21/2017 129.0

132 Pound Women's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	395		Heidi Howar () 10/21/2017 130.6
2.	255		Candace Kucsulain () 10/21/2017 129.0
3.	225		Jessica Kline (1/23/90) 6/3/2017 130.8

132 Pound Women's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	520		Heidi Howar () 10/21/2017 130.6
2.	410		Candace Kucsulain () 10/21/2017 129.0
3.	395		Jessica Kline (1/23/90) 6/3/2017 130.8

132 Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1495		Heidi Howar () 10/21/2017 130.6
2.	1090		Jessica Kline (1/23/90) 6/3/2017 130.8
3.	1085		Candace Kucsulain () 10/21/2017 129.0

148 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 540		Chanel Nolet () 10/21/2017 146.6
2. 525		Karen Johnson () 10/21/2017 144.2
3. 240		Ceris Christopher () 10/21/2017 146.0

148 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 300		Chanel Nolet () 10/21/2017 146.6
2. 240		Karen Johnson () 10/21/2017 144.2
3. 115		Ceris Christopher () 10/21/2017 146.0

148 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 410		Karen Johnson () 10/21/2017 144.2
2. 400		Chanel Nolet () 10/21/2017 146.6
3. 235		Ceris Christopher () 10/21/2017 146.0

148 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 1240		Chanel Nolet () 10/21/2017 146.6
2. 1175		Karen Johnson () 10/21/2017 144.2
3. 590		Ceris Christopher () 10/21/2017 146.0

165 Pound Women's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	550		Patti Lee Ruscin () 10/21/2017 163.2
2.	550		Valerie King () 10/21/2017 164.8
3.	475		Yael Benyair (9/21/82) 8/4/2018 165.0
4.	470		Amy Weisberger () 10/21/2017 162.6

165 Pound Women's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	315		Yael Benyair (9/21/82) 8/4/2018 165.0
2.	305		Valerie King () 10/21/2017 164.8
3.	285		Amy Weisberger () 10/21/2017 162.6
4.	285		Patti Lee Ruscin () 10/21/2017 163.2

165 Pound Women's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	500		Patti Lee Ruscin () 10/21/2017 163.2
2.	415		Amy Weisberger () 10/21/2017 162.6
3.	415		Valerie King () 10/21/2017 164.8
4.	405		Yael Benyair (9/21/82) 8/4/2018 165.0

165 Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1335		Patti Lee Ruscin () 10/21/2017 163.2
2.	1270		Valerie King () 10/21/2017 164.8
3.	1195		Yael Benyair (9/21/82) 8/4/2018 165.0
4.	1170		Amy Weisberger () 10/21/2017 162.6

181 Pound Women's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	615		Katey Brent () 10/21/2017 179.8
2.	425		Jacqueline Houseman () 10/21/2017 176.4

181 Pound Women's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	350		Katey Brent () 10/21/2017 179.8
2.	205		Jacqueline Houseman () 10/21/2017 176.4

181 Pound Women's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	480		Katey Brent () 10/21/2017 179.8
2.	340		Jacqueline Houseman () 10/21/2017 176.4

181 Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1445		Katey Brent () 10/21/2017 179.8
2.	970		Jacqueline Houseman () 10/21/2017 176.4

198 Pound Women's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

198 Pound Women's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

198 Pound Women's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

198 Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

SHW Pound Women's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

SHW Pound Women's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	505		Rae-Ann Caughlin Miller () 2/18/2017 221
2.	375		Kelly Duffy (10/3/83) 8/4/2018 250.8

SHW Pound Women's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			

SHW Pound Women's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.			