

**HERCULES GYM HISTORICAL MEET RANKINGS**  
**Updated 11/25/2015**

**114 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**114 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**114 Pound Men's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**114 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**123 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	280		Daryl Johnson ( ) 6/20/2015 123

**123 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	180		Daryl Johnson ( ) 6/20/2015 123

**123 Pound Men's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	420		Daryl Johnson ( ) 6/20/2015 123

**123 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	880		Daryl Johnson ( ) 6/20/2015 123

**132 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**132 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	195		Daryl Johnson ( ) 7/16/2016 125.8

**132 Pound Men's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	410		Daryl Johnson ( ) 7/16/2016 125.8

**132 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**148 Pound Men's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	340		Wayne Cook (3/12/96) 11/21/2015 147.6

**148 Pound Men's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	205		Wayne Cook (3/12/96) 11/21/2015 147.6

**148 Pound Men's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	420		Wayne Cook (3/12/96) 11/21/2015 147.6

**148 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	965		Wayne Cook (3/12/96) 11/21/2015 147.6

### 165 Pound Men's --- Squat

<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 450		John Wells ( ) 6/20/2015
2. 355		Ezequiel Ortiz ( ) 11/5/16 160.8 wrapped
3. 350		Stephen Caserta ( ) 11/21/2015
4. 325		Jon Caldwell ( ) 6/20/2015
5. 325		Dylan Molchanoff ( ) 11/21/2015
5. 275		Chris Reynolds ( ) 11/21/2015
6. 225		Anthony Pulis ( ) 11/21/2015

### 165 Pound Men's --- Bench Press

<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 350		James La Tray ( ) 6/18/2016, 165.2
2. 335		John Wells ( ) 6/20/2015
3. 290		Dylan Molchanoff ( ) 11/21/2015
4. 245		Ezequiel Ortiz ( ) 11/5/16 160.8
5. 235		Anthony Pulis ( ) 11/21/2015
6. 225		Stephen Caserta ( ) 11/21/2015
7. 220		Jon Caldwell ( ) 6/20/2015
8. 195		Chris Reynolds ( ) 11/21/2015

### 165 Pound Men's --- Deadlift

<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 515		John Wells ( ) 6/20/2015
2. 425		Stephen Caserta ( ) 11/21/2015
3. 420		Jon Caldwell ( ) 6/20/2015
4. 415		Dylan Molchanoff ( ) 11/21/2015
5. 400		Matt Slavick ( ) 6/20/2015
6. 400		Chris Reynolds ( ) 11/21/2015
7. 385		Ezequiel Ortiz ( ) 11/5/16 160.8
7. 375		Anthony Pulis ( ) 11/21/2015

### 165 Pound Men's --- Total

<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 1300		John Wells ( ) 6/20/2015
2. 985		Ezequiel Ortiz ( ) 11/5/16 160.8
3. 965		Jon Caldwell ( ) 6/20/2015

### 181 Pound Men's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	730		Anthony Hobaica ( ) 11/05/2016 179.6 wrapped
2.	505		Ted de Ment ( ) 11/05/2016 180.2
3.	460		Jason Irorio ( ) 11/05/2016 180.6 wrapped
4.	450		Anthony Kite ( ) 11/05/2016 178.6
5.	445		Steve Grosso ( ) 6/20/2015
6.	435		Jonah Geremiah ( ) 6/20/2015
7.	410		Jason Tanoory ( ) 11/05/2016
8.	405		Matthew Baio ( ) 7/16/2016 178.4
9.	405		Michael Walley ( ) 11/05/2016 177.2
10.	385		Joseph Pancari ( ) 11/05/2016 175.6
11.	360		Daniel Moskowitz ( ) 11/05/2016 168.2
12.	355		Dylan Franklin ( ) 6/20/2015
13.	325		Andrew Brown ( ) 6/20/2015
14.	325		Juan Collazo ( ) 11/05/2016 wrapped
15.	315		Ryan Slavick ( ) 6/20/2015
16.	315		Chandler Ditch ( ) 11/21/2015
17.	315		Matthew Payne ( ) 7/16/2016

### 181 Pound Men's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	485		Anthony Hobaica ( ) 11/05/2016 179.6
2.	385		Matthew Sullivan ( ) 11/21/2015
3.	385		James La Tray ( ) 6/20/2015
4.	355		Michael Walley ( ) 11/05/2016 177.2
5.	345		Anthony Kite ( ) 11/05/2016 178.6
6.	315		Matthew Baio ( ) 7/16/2016 178.4
7.	315		Joseph Pancari ( ) 11/05/2016 175.6
8.	310		Jonah Geremiah ( ) 6/20/2015
9.	295		Glen Maldonado ( ) 6/20/2015
10.	295		Ryan Slavick ( ) 6/20/2015
11.	295		Jonah Geremiah ( ) 6/20/2015
12.	280		Jason Irorio ( ) 11/05/2016 180.6
13.	280		Jason Tanoory ( ) 11/05/2016
14.	275		Andrew Brown ( ) 6/20/2015
15.	275		Matthew Payne ( ) 7/16/2016
16.	275		Daniel Moskowitz ( ) 11/05/2016 168.2
17.	265		Ted de Ment ( ) 11/05/2016 180.2
18.	245		Dylan Franklin ( ) 6/20/2015
19.	245		Steve Grosso ( ) 6/20/2015
20.	225		Juan Collazo ( ) 11/05/2016
21.	200		Chandler Ditch ( ) 11/21/2015

### 181 Pound Men's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	685		Anthony Hobaica ( ) 11/05/2016 179.6
2.	565		Jonah Geremiah ( ) 6/20/2015
3.	525		Anthony Kite ( ) 11/05/2016 178.6
4.	495		Glen Maldonado ( ) 6/20/2015
5.	475		Jason Tanoory ( ) 11/05/2016
6.	465		Steve Grosso ( ) 6/20/2015

7. 460	Andrew Brown ( ) 6/20/2015
8. 460	Joseph Pancari ( ) 11/05/2016 175.6
9. 460	Michael Walley ( ) 11/05/2016 177.2
10. 455	Daniel Moskowitz ( ) 11/05/2016 168.2
11. 455	Jason Irorio ( ) 11/05/2016 180.6
12. 440	Ryan Slavick ( ) 6/20/2015
13. 435	Matthew Baio ( ) 7/16/2016 178.4
14. 420	Chandler Ditch ( ) 11/21/2015
15. 410	Matthew Payne ( ) 7/16/2016
16. 410	Ted de Ment ( ) 11/05/2016 180.2
17. 405	Dylan Franklin ( ) 6/20/2015
18. 365	Juan Collazo ( ) 11/05/2016

**181 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1900		Anthony Hobaica ( ) 11/05/2016 179.6
2.	1320		Anthony Kite ( ) 11/05/2016 178.6
3.	1280		Jonah Jeremiah ( ) 6/20/2015
4.	1220		Michael Walley ( ) 11/05/2016 177.2
5.	1195		Jason Irorio ( ) 11/05/2016 180.6
6.	1180		Ted de Ment ( ) 11/05/2016 180.2
7.	1165		Jason Tanoory ( ) 11/05/2016
8.	1160		Joseph Pancari ( ) 11/05/2016 175.6
9.	1155		Steve Grosso ( ) 6/20/2015
10.	1155		Matthew Baio ( ) 7/16/2016 178.4
11.	1090		Daniel Moskowitz ( ) 11/05/2016 168.2
12.	1060		Andrew Brown ( ) 6/20/2015
13.	1050		Ryan Slavick ( ) 6/20/2015
14.	1005		Dylan Franklin ( ) 6/20/2015
15.	1000		Matthew Payne ( ) 7/16/2016
16.	915		Juan Collazo ( ) 11/05/2016

### **198 Pound Men's --- Squat**

<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 575		Daniel Predmore ( ) 11/05/2016 195.6
2. 540		Sa-id Shakir ( ) 11/21/2015
3. 540		Craig Recore ( ) 11/21/2015
4. 480		Brian Nguyen ( ) 11/21/2015
5. 460		Stephen Marx ( ) 11/21/2015
6. 455		Darren McGreevy ( ) 11/05/2016 196.8
7. 450		Joshua Davidson ( ) 11/21/2015
8. 445		William Scholl ( ) 11/05/2016 196.0
9. 440		Josh Dern ( ) 6/20/2015
10. 410		Alec Raphael ( ) 11/21/2015
11. 395		Teddy McBride ( ) 6/20/2015
12. 385		Alex Mix ( ) 11/05/2016 197.8
13. 375		Tim Coe ( ) 11/05/2016 192.4
14. 345		Matt Champlin ( ) 11/21/2015
15. 330		Richard Kompf ( ) 11/05/2016 193.4
16. 275		Andie Rice ( ) 11/05/2016 198.2
17. 240		Bernard Marcoccia ( ) 7/16/2016

### **198 Pound Men's --- Bench Press**

<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 430		Jose Graham ( ) 6/18/2016, 197.4
2. 380		Daniel Predmore ( ) 11/05/2016 195.6
3. 355		Josh Dern ( ) 6/20/2015
4. 350		Craig Recore ( ) 11/21/2015
5. 340		Sa-id Shakir ( ) 11/21/2015
6. 340		Darren McGreevy ( ) 11/05/2016 196.8
7. 335		Teddy McBride ( ) 6/20/2015
8. 330		Stephen Marx ( ) 11/21/2015
9. 325		Nick Tomarchio ( ) 6/20/2015
10. 285		Tim Coe ( ) 11/05/2016 192.4
11. 280		Joshua Davidson ( ) 11/21/2015
12. 280		Brian Nguyen ( ) 11/05/2015
13. 280		William Scholl ( ) 11/05/2016 196.0
14. 275		Richard Kompf ( ) 11/05/2016 193.4
15. 255		Alex Mix ( ) 11/05/2016 197.8
16. 240		Alec Raphael ( ) 11/21/2015
17. 220		Matt Champlin ( ) 11/21/2015
18. 180		Bernard Marcoccia ( ) 6/20/2015
19. 180		Andie Rice ( ) 11/05/2016 198.2

### **198 Pound Men's --- Deadlift**

<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 650		Sa-id Shakir ( ) 11/21/2015
2. 635		Craig Recore ( ) 11/21/2015
3. 620		Sa-id Shakir ( ) 6/20/2015
4. 570		Daniel Predmore ( ) 11/21/2015
5. 550		Teddy McBride ( ) 6/20/2015
6. 540		Stephen Marx ( ) 11/21/2015
7. 530		Nick Tomarchio ( ) 6/20/2015



8. 525	Brian Nguyen ( ) 11/21/2015
9. 515	Tim Coe ( ) 11/05/2016 192.4
10. 510	Matt Champlin ( ) 11/21/2015
11. 505	Alec Raphael ( ) 11/21/2015
12. 505	Darren McGreevy ( ) 11/05/2016 196.8
13. 505	Alex Mix ( ) 11/05/2016 197.8
14. 490	Josh Dern ( ) 6/20/2015
15. 465	Richard Kompf ( ) 11/05/2016 193.4
16. 455	Joshua Davidson ( ) 11/21/2015
17. 405	Andie Rice ( ) 11/05/2016 198.2
18. 400	William Scholl ( ) 11/05/2016 196.0
19. 375	Bernard Marcoccia ( ) 7/16/2016

### **198 Pound Men's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	1530		Sa-id Shakir ( ) 6/20/2015
2.	1525		Craig Recore ( ) 11/21/2015
3.	1510		Daniel Predmore ( ) 11/21/2015
4.	1330		Stephen Marx ( ) 11/21/2015
5.	1300		Darren McGreevy ( ) 11/05/2016 196.8
6.	1285		Josh Dern ( ) 6/20/2015
7.	1285		Brian Nguyen ( ) 11/21/2015
8.	1280		Teddy McBride ( ) 6/20/2015
9.	1185		Joshua Davidson ( ) 11/21/2015
10.	1175		Tim Coe ( ) 11/05/2016 192.4
11.	1155		Alec Raphael ( ) 11/21/2015
12.	1145		Alex Mix ( ) 11/05/2016 197.8
13.	1125		William Scholl ( ) 11/05/2016 196.0
14.	1075		Matt Champlin ( ) 11/21/2015
15.	1070		Richard Kompf ( ) 11/05/2016 193.4
16.	860		Andie Rice ( ) 11/05/2016 198.2
17.	755		Bernard Marcoccia ( ) 6/20/2015

### 220 Pound Men's --- Squat

<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 700		Adam Ferchen ( ) 6/20/2015
2. 700		Jeremy Hillyard ( ) 11/21/2015
3. 385		Sa-id Shakir ( ) 11/05/2016 217.4
4. 665		Mark Chieco ( ) 11/05/2016 219.8
5. 635		Robert Saeva ( ) 11/21/2015
6. 625		Joe Casero ( ) 11/05/2016 218.2
7. 525		Kris Dulmer ( ) 11/05/2016 220.2
8. 505		Justin Droke ( ) 11/05/2016 219.4
9. 475		Adam Struppler ( ) 11/21/2015
10. 475		Matt Champlin ( ) 11/05/2016 215.4
11. 455		Alleister Nash ( ) 7/16/2016 215.2
12. 455		Alex Seamans ( ) 11/05/2016 205.6
13. 445		Brandon Curry ( ) 7/16/2016 215.8
14. 435		Barrett Scanlon ( ) 6/20/2015
15. 435		Nathan Desnoyers ( ) 11/05/2016 213.8
16. 425		Mike Ferlito ( ) 7/16/2016
17. 425		Brian Skelly ( ) 7/16/2016 211.4
18. 415		Forrest Thompson ( ) 6/20/2015
19. 385		Matt Alesi ( ) 6/20/2015
20. 385		Pete Tallarico ( ) 11/05/2016 219.2

### 220 Pound Men's --- Bench Press

<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 530		Mark Chieco ( ) 11/05/2016 219.8
2. 450		Scott Rowe ( ) 6/20/2015
3. 440		Kris Dulmer ( ) 11/21/2015
4. 435		Adam Ferchen ( ) 6/20/2015
5. 415		Thomas DiCarlo ( ) 11/5/2016 209.0
6. 380		Adam Struppler ( ) 11/21/2015
7. 380		Robert Saeva ( ) 11/21/2015
8. 375		Luke Bright ( ) 6/20/2015
9. 370		Justin Droke ( ) 11/05/2016 219.4
10. 355		Joe Casero ( ) 11/05/2016 218.2
11. 350		Joe Snyder ( ) 6/20/2015
12. 350		Brian Skelly ( ) 7/16/2016 211.4
13. 350		Sa-id Shakir ( ) 11/05/2016 217.4
14. 340		Pete Tallarico ( ) 11/05/2016 219.2
15. 335		Brandon Curry ( ) 7/16/2016 215.8
16. 325		Jeremy Hillyard ( ) 11/21/2015
17. 325		Alex Seamans ( ) 11/05/2016 205.6
18. 310		Alleister Nash ( ) 7/16/2016 215.2
19. 300		Matt Alesi ( ) 6/20/2015
20. 295		Forrest Thompson ( ) 6/20/2015

### 220 Pound Men's --- Deadlift

<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 700		Adam Ferchen ( ) 6/20/2015
2. 660		Luke Bright ( ) 6/20/2015
3. 650		Robert Saeva ( ) 11/21/2015

4. 650	Sa-id Shakir ( ) 11/05/2016 217.4
5. 625	Joe Casero ( ) 11/05/2016 218.2
6. 615	Mark Chieco ( ) 11/05/2016 219.8
7. 610	Brian Skelly ( ) 7/16/2016 211.4
8. 580	Adam Struppler ( ) 11/21/2015
9. 575	Jeremy Hillyard ( ) 11/21/2015
10. 570	Justin Droke ( ) 11/05/2016 219.4
11. 560	Kris Dulmer ( ) 11/21/2015
12. 550	Brandon Curry ( ) 7/16/2016 215.8
13. 550	Matt Champlin ( ) 11/05/2016 215.4
14. 525	Joe Snyder ( ) 6/20/2015
15. 520	Nathan Desnoyers ( ) 11/05/2016 213.8
16. 515	Forrest Thompson ( ) 6/20/2015
17. 515	Alleister Nash ( ) 7/16/2016 215.2
18. 515	Alex Seamans ( ) 11/05/2016 205.6
19. 505	Barrett Scanlon ( ) 6/20/2015
20. 500	Mike Ferlito ( ) 6/20/2015

**220 Pound Men's --- Total**

<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 1835		Adam Ferchen ( ) 6/20/2015
2. 1810		Mark Chieco ( ) 11/05/2016 219.8
3. 1685		Sa-id Shakir ( ) 11/05/2016 217.4
4. 1665		Robert Saeva ( ) 11/21/2015
5. 1605		Joe Casero ( ) 11/05/2016 218.2
6. 1600		Jeremy Hillyard ( ) 11/21/2015
7. 1510		Kris Dulmer ( ) 11/05/2016 220.2
8. 1445		Justin Droke ( ) 11/05/2016 219.4
9. 1435		Adam Struppler ( ) 11/21/2015
10. 1385		Luke Bright ( ) 6/20/2015
11. 1385		Brian Skelly ( ) 7/16/2016 211.4
12. 1330		Brandon Curry ( ) 7/16/2016 215.8
13. 1295		Alex Seamans ( ) 11/05/2016 205.6
14. 1295		Matt Champlin ( ) 11/05/2016 215.4
15. 1280		Alleister Nash ( ) 7/16/2016 215.2
16. 1225		Forrest Thompson ( ) 6/20/2015
17. 1215		Barrett Scanlon ( ) 6/20/2015
18. 1215		Nathan Desnoyers ( ) 11/05/2016 213.8
19. 1170		Pete Tallarico ( ) 11/05/2016 219.2
20. 1160		Mike Ferlito ( ) 6/20/2015

### 242 Pound Men's --- Squat

<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 715		Kyle Sheridan ( ) 11/21/2015
2. 700		Luigi Fagiani ( ) 6/20/15
3. 600		Alex Alexander ( ) 11/21/2015
4. 575		Eddie Wilson ( ) 11/21/2015
5. 545		Philip Mitsiell ( ) 11/21/2015
6. 475		Ryan Hannon ( ) 6/20/2015
7. 460		Anthony Piccione ( ) 7/16/2016 227.4
8. 450		Robert Schexnayder ( ) 6/20/2015
9. 450		Jared Clark ( ) 6/20/2015
10. 450		Josh Przywara ( ) 11/21/2015
11. 425		Keith Bellomo ( ) 11/21/2015
12. 420		Ryan Knox ( ) 11/05/2016 237.2
13. 390		Patrick Callahan ( ) 11/21/2015
14. 315		Joe Martin ( ) 11/05/2016 229.8
15. 300		Douglas Dziedzic ( ) 11/05/2016 234.0

### 242 Pound Men's --- Bench Press

<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 515		Mark Chieco ( ) 6/18/2016, 239.2
2. 445		Alex Alexander ( ) 11/21/2015
3. 440		Luigi Fagiani ( ) 6/20/15
4. 435		Alex Alexander ( ) 6/20/2015
5. 415		James La Grange ( ) 7/16/2016 240.8
6. 405		Ryan Hannon ( ) 6/20/2015
7. 405		Romie Sigmon III ( ) 11/21/2015
8. 400		Eddie Wilson ( ) 11/21/2015
9. 380		Philip Mitsiell ( ) 11/21/2015
10. 385		Josh Przywara ( ) 11/21/2015
11. 385		Kyle Sheridan ( ) 11/21/2015
12. 345		Keith Bellomo ( ) 11/21/2015
13. 330		Robert Schexnayder ( ) 6/20/2015
14. 320		Jared Clark ( ) 6/20/2015
15. 255		Patrick Callahan ( ) 11/21/2015
16. 255		Anthony Piccione ( ) 7/16/2016 227.4
17. 255		Ryan Knox ( ) 11/05/2016 237.2
18. 225		Joe Martin ( ) 11/05/2016 229.8
19. 160		Douglas Dziedzic ( ) 11/05/2016 234.0

### 242 Pound Men's --- Deadlift

<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 800		Luigi Fagiani ( ) 6/20/15
2. 730		Alex Alexander ( ) 11/21/2015
3. 705		Kyle Sheridan ( ) 11/21/2015
4. 660		Eddie Wilson ( ) 11/21/2015
5. 620		Ryan Hannon ( ) 6/20/2015
6. 620		Jared Clark ( ) 6/20/2015
7. 560		Philip Mitsiell ( ) 11/21/2015
8. 560		Anthony Piccione ( ) 7/16/2016 227.4
9. 550		Josh Przywara ( ) 11/21/2015

10. 505	Patrick Callahan ( ) 11/21/2015
11. 440	Robert Schexnayder ( ) 6/20/2015
12. 430	Keith Bellomo ( ) 11/21/2015
13. 425	Ryan Knox ( ) 11/05/2016 237.2
14. 345	Douglas Dziedzic ( ) 11/05/2016 234.0
15. 335	Joe Martin ( ) 11/05/2016 229.8

**242 Pound Men's --- Total**

<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 1940		Luigi Fagiani ( ) 6/20/15
2. 1805		Kyle Sheridan ( ) 11/21/2015
3. 1775		Alex Alexander ( ) 11/21/2015
4. 1635		Eddie Wilson ( ) 11/21/2015
5. 1500		Ryan Hannon ( ) 6/20/2015
6. 1485		Philip Mitsiell ( ) 11/21/2015
7. 1385		Josh Przywara ( ) 11/21/2015
8. 1390		Jared Clark ( ) 6/20/2015
9. 1275		Anthony Piccione ( ) 7/16/2016 227.4
10. 1220		Robert Schexnayder ( ) 6/20/2015
11. 1200		Keith Bellomo ( ) 11/21/2015
12. 1150		Patrick Callahan ( ) 11/21/2015
13. 1100		Ryan Knox ( ) 11/05/2016 237.2
14. 875		Joe Martin ( ) 11/05/2016 229.8
15. 805		Douglas Dziedzic ( ) 11/05/2016 234.0

### 275 Pound Men's --- Squat

<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 775		Jason Weaver ( ) 7/16/2016 273.8
2. 705		Brian Nguyen ( ) 11/05/2016 253.6
3. 660		Adam Williams ( ) 6/20/2015
4. 570		Shane Hachey ( ) 11/21/2015
5. 565		Mike Garofalo ( ) 6/20/2015
6. 480		Jonathan Sawicki ( ) 6/20/2015
7. 475		Dave Hoyt ( ) 6/20/2015

### 275 Pound Men's --- Bench Press

<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 500		Robb Francis ( ) 6/20/2015
2. 475		Jason Weaver ( ) 7/16/2016 273.8
3. 465		Mike Garofalo ( ) 6/20/2015
4. 460		Shane Hachey ( ) 11/21/2015
5. 440		Lou Rappa ( ) 11/05/2016 282.0
6. 425		Jim LaGrange ( ) 6/20/2015
7. 405		Jason Weaver ( ) 11/21/2015
8. 380		Brian Nguyen ( ) 11/05/2016 253.6
9. 355		Dave Hoyt ( ) 6/20/2015
10. 355		Bill Laffan ( ) 6/20/2015
11. 315		Jonathan Sawicki ( ) 6/20/2015

### 275 Pound Men's --- Deadlift

<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 675		Jason Weaver ( ) 7/16/2016 273.8
2. 605		Mike Garofalo ( ) 6/20/2015
3. 605		Shane Hachey ( ) 11/21/2015
4. 605		Brian Nguyen ( ) 11/05/2016 253.6
5. 595		Jason Weaver ( ) 11/21/2015
6. 545		Dave Hoyt ( ) 6/20/2015
7. 525		Jonathan Sawicki ( ) 6/20/2015

### 275 Pound Men's --- Total

<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 1925		Jason Weaver ( ) 7/16/2016 273.8
2. 1690		Brian Nguyen ( ) 11/05/2016 253.6
3. 1685		Jason Weaver ( ) 11/21/2015
4. 1635		Mike Garofalo ( ) 6/20/2015
2. 1635		Shane Hachey ( ) 11/21/2015
4. 1375		Dave Hoyt ( ) 6/20/2015
5. 1320		Jonathan Sawicki ( ) 6/20/2015

### **308 Pound Men's --- Squat**

<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 550		Jeff Linton ( ) 6/20/2015

### **308 Pound Men's --- Bench Press**

<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 465		Jason Weaver ( ) 6/18/2016, 292.0
2. 440		Jeff Linton ( ) 6/20/2015
3. 440		Lou Rapa ( ) 11/5/2016 282.0

### **308 Pound Men's --- Deadlift**

<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 660		Jeff Linton ( ) 6/20/2015

### **308 Pound Men's --- Total**

<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1. 1650		Jeff Linton ( ) 6/20/2015

**SHW Pound Men's --- Squat**

1.      **Squat**              **X- BW**      **Lifter/YOB/Date lifted/Exact BW**

**SHW Pound Men's --- Bench Press**

1.      **Bench**              **X- BW**      **Lifter/YOB/Date lifted/Exact BW**

**SHW Pound Men's --- Deadlift**

1.      **Deadlift**              **X- BW**      **Lifter/YOB/Date lifted/Exact BW**

**SHW Pound Men's --- Total**

1.      **Total**              **X- BW**      **Lifter/YOB/Date lifted/Exact BW**



## **WOMEN'S RANKINGS**

### **97 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

### **97 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

### **97 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

### **97 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.			

**105 Pound Women's --- Squat**

1.      **Squat**              **X- BW**      **Lifter/YOB/Date lifted/Exact BW**

**105 Pound Women's --- Bench Press**

1.      **Bench**              **X- BW**      **Lifter/YOB/Date lifted/Exact BW**

**105 Pound Women's --- Deadlift**

1.      **Deadlift**              **X- BW**      **Lifter/YOB/Date lifted/Exact BW**

**105 Pound Women's --- Total**

1.      **Total**              **X- BW**      **Lifter/YOB/Date lifted/Exact BW**

### **114 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	260		Nicole Boshart ( ) 11/21/2015
2.	150		Layla Merkh ( ) 11/5/2016 114.2

### **114 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	130		Nicole Boshart ( ) 11/21/2015
2.	65		Layla Merkh ( ) 11/5/2016 114.2

### **114 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	260		Nicole Boshart ( ) 11/21/2015
2.	185		Layla Merkh ( ) 11/5/2016 114.2

### **114 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	650		Nicole Boshart ( ) 11/21/2015
2.	400		Layla Merkh ( ) 11/5/2016 114.2

### **123 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	185		Jennifer Piazza ( ) 11/21/2015 120.8
2.	310		Emily Gillespie ( ) 11/5/2016 121.6
3.	140		Sonja Fries ( ) 6/20/2015 123

### **123 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	150		Emily Gillespie ( ) 11/5/2016 121.6
2.	115		Sonja Fries ( ) 6/20/2015 123
3.	115		Jennifer Piazza ( ) 11/21/2015 120.8

### **123 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	320		Emily Gillespie ( ) 11/5/2016 121.6
2.	225		Jennifer Piazza ( ) 6/20/2015 123
3.	220		Sonja Fries ( ) 6/20/2015 123

### **123 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	780		Emily Gillespie ( ) 11/5/2016 121.6
2.	525		Jennifer Piazza ( ) 11/21/2015 120.8
3.	475		Sonja Fries ( ) 6/20/2015 123

### 132 Pound Women's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	330	<b>2.511</b>	Jessica Kline ( ) 11/05/2016 131.4
2.	315	2.441	Becki Pierotti ( ) 11/05/2016 129
3.	235	1.78	Chrissy Cimino ( ) 6/20/2015 132
4.	200	1.54	Rachel Betts ( ) 11/5/2016 129.8
5.	185	1.447	Phyllis Rose ( ) 11/5/2016 127.8

### 132 Pound Women's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
6.	205		Becki Pierotti ( ) 11/05/2016 129
7.	145		Jessica Kline ( ) 11/05/2016 131.4
8.	125		Chrissy Cimino ( ) 6/20/2015 132
9.	100		Rachel Betts ( ) 11/5/2016 129.8
10.	95		Phyllis Rose ( ) 11/5/2016 127.8

### 132 Pound Women's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	365		Becki Pierotti ( ) 11/05/2016 129
2.	325		Jessica Kline ( ) 11/05/2016 131.4
3.	255		Chrissy Cimino ( ) 6/20/2015 132
4.	235		Rachel Betts ( ) 11/5/2016 129.8
5.	235		Phyllis Rose ( ) 11/5/2016 127.8

### 132 Pound Women's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	885		Becki Pierotti ( ) 11/05/2016 129
2.	800		Jessica Kline ( ) 11/05/2016 131.4
3.	615		Chrissy Cimino ( ) 6/20/2015 132
4.	535		Rachel Betts ( ) 11/5/2016 129.8
5.	515		Phyllis Rose ( ) 11/5/2016 127.8

### **148 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	300		Cassie Kardias ( ) 11/21/2015 141.8
2.	255		Calley Shurgot ( ) 11/21/2015 148.2
3.	195		Diane Petrowski ( ) 11/05/2016 141.0

### **148 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	165		Calley Shurgot ( ) 11/21/2015 148.2
2.	155		Cassie Kardias ( ) 11/21/2015 141.8
3.	135		Diane Petrowski ( ) 11/21/2015 145.6

### **148 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	370		Cassie Kardias ( ) 11/21/2015 141.8
2.	350		Calley Shurgot ( ) 11/21/2015 148.2
3.	250		Diane Petrowski ( ) 11/21/2015 145.6

### **148 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	825		Cassie Kardias ( ) 11/21/2015 141.8
2.	770		Calley Shurgot ( ) 11/21/2015 148.2
3.	565		Diane Petrowski ( ) 11/05/2016 141.0

### 165 Pound Women's --- Squat

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	325		Leanna Matthews ( ) 11/21/2015 154.2
2.	325		Samantha Mello ( ) 7/16/2016 164.5
3.	315		Chantie Jones ( ) 11/21/2015 163
4.	300		Heather Freeborn ( ) 11/05/2016 164.4
5.	270		Lisa Vokes ( ) 11/05/2016 159.8
6.	250		Heather Vona ( ) 11/05/2016 165.2
7.	230		Ashley Buckley ( ) 11/05/2016 161.6

### 165 Pound Women's --- Bench Press

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	260		Allison Hind ( ) 6/18/2016, 156.0
2.	180		Lisa Vokes ( ) 11/05/2016 159.8
3.	155		Chantie Jones ( ) 11/21/2015 163
4.	150		Samantha Mello ( ) 7/16/2016 164.5
5.	145		Leanna Matthews ( ) 11/21/2015 154.2
6.	145		Heather Freeborn ( ) 11/05/2016 164.4
7.	140		Heather Vona ( ) 11/05/2016 165.2
8.	130		Ashley Buckley ( ) 11/05/2016 161.6

### 165 Pound Women's --- Deadlift

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	350		Chantie Jones ( ) 11/21/2015 163
2.	335		Leanna Matthews ( ) 11/21/2015 154.2
3.	335		Samantha Mello ( ) 7/16/2016 164.5
4.	305		Ashley Buckley ( ) 11/05/2016 161.6
5.	300		Heather Freeborn ( ) 11/05/2016 164.4
6.	290		Heather Vona ( ) 11/05/2016 165.2
7.	275		Lisa Vokes ( ) 11/05/2016 159.8

### 165 Pound Women's --- Total

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	820		Chantie Jones ( ) 11/21/2015 163
2.	810		Samantha Mello ( ) 7/16/2016 164.5
3.	805		Leanna Matthews ( ) 11/21/2015 154.2
4.	745		Heather Freeborn ( ) 11/05/2016 164.4
5.	725		Lisa Vokes ( ) 11/05/2016 159.8
6.	680		Heather Vona ( ) 11/05/2016 165.2
7.	665		Ashley Buckley ( ) 11/05/2016 161.6

### **181 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	245		Amy Miner ( ) 11/05/2016 178.8
2.	235		Hana Grosso ( ) 6/20/2015
3.	210		Katelyn Bolen ( ) 11/21/2015 181.0

### **181 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	115		Amy Miner ( ) 11/05/2016 178.8
2.	85		Hana Grosso ( ) 6/20/2015

### **181 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	300		Katelyn Bolen ( ) 11/21/2015 181.0
2.	290		Amy Miner ( ) 11/05/2016 178.8
3.	295		Hana Grosso ( ) 6/20/2015

### **181 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	650		Amy Miner ( ) 11/05/2016 178.8
2.	615		Hana Grosso ( ) 6/20/2015



**198 Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	350		Cassandra Blackman ( ) 6/20/2015 198

**198 Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	150		Cassandra Blackman ( ) 6/20/2015 198

**198 Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	360		Cassandra Blackman ( ) 6/20/2015 198
2.	260		Kate Bolen ( ) 6/20/2015 198

**198 Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	860		Cassandra Blackman ( ) 6/20/2015 198

### **SHW Pound Women's --- Squat**

	<b>Squat</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	400		Carrie Tolerico ( ) 11/05/2016 269.6
2.	335		Steffany Rose ( ) 11/05/2016 228.0
3.	320		Chari Lane Mayer ( ) 11/21/2015 218
4.	280		Marlene Miranda ( ) 11/05/2016 219.2

### **SHW Pound Women's --- Bench Press**

	<b>Bench</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	185		Steffany Rose ( ) 11/05/2016 228.0
2.	170		Chari Lane Mayer ( ) 11/21/2015 218
3.	170		Carrie Tolerico ( ) 11/05/2016 269.6
4.	170		Marlene Miranda ( ) 11/05/2016 219.2

### **SHW Pound Women's --- Deadlift**

	<b>Deadlift</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	385		Marlene Miranda ( ) 11/05/2016 219.2
2.	330		Chari Lane Mayer ( ) 11/21/2015 218
3.	295		Carrie Tolerico ( ) 11/05/2016 269.6
4.	290		Steffany Rose ( ) 11/05/2016 228.0

### **SHW Pound Women's --- Total**

	<b>Total</b>	<b>X- BW</b>	<b>Lifter/YOB/Date lifted/Exact BW</b>
1.	865		Carrie Tolerico ( ) 11/05/2016 269.6
2.	835		Marlene Miranda ( ) 11/05/2016 219.2
3.	820		Chari Lane Mayer ( ) 11/21/2015 218
4.	810		Steffany Rose ( ) 11/05/2016 228.0