

HERCULES GYM HISTORICAL RAW MEET RANKINGS

114 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 125		Trevor Weeden (11/26/06) 11/17/18 88.0	No
2. 70		Giacomo Ston Moritz (1/29/11) 11/17/18 41.4	No

114 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 92		Trevor Weeden (11/26/06) 11/17/18 88.0
2. 40		Giacomo Ston Moritz (1/29/11) 11/17/18 41.4

114 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 170		Trevor Weeden (11/26/06) 11/17/18 88.0
2. 100		Giacomo Ston Moritz (1/29/11) 11/17/18 41.4

114 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 387		Trevor Weeden (11/26/06) 11/17/18 88.0
2. 210		Giacomo Ston Moritz (1/29/11) 11/17/18 41.4

123 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 330		Jacob Yankloski (4/27/95) 2/2/2019 120.8	No
2. 280		Daryl Johnson () 6/20/2015 123	

123 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 200		Jacob Yankloski (4/27/95) 2/2/2019 120.8
2. 180		Daryl Johnson () 6/20/2015 123

123 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 420		Daryl Johnson () 6/20/2015 123
2. 380		Jacob Yankloski () 5/19/2018 122.0

123 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 905		Jacob Yankloski (4/27/95) 2/2/2019 120.8
2. 880		Daryl Johnson () 6/20/2015 123

132 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 330		Daryl Johnson () 2/18/17 126.8
2. 225		Rawn Prowell () 11/17/18 128.6 Wrapped

132 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 195		Daryl Johnson () 7/16/2016 125.8
2. 145		Rawn Prowell () 11/17/18 128.6

132 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 420		Daryl Johnson () 2/18/17 126.8
2. 300		Rawn Prowell () 11/17/18 128.6

132 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 945		Daryl Johnson () 2/18/17 126.8
2. 670		Rawn Prowell () 11/17/18 128.6

148 Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1.	415		Wayne Cook (3/20/96) 5/19/2018 145.4	Yes
2.	385		Anthony Meola (11/14/89) 2/2/2019 143.2	No
3.	345		Lucas Yankloski (9/30/97) 11/18/17 144.8	No
4.	320		Graham Leggat (5/24/95) 6/3/2017 144.2	No
5.	290		Alex Devine (4/16/97) 2/2/2019 147.8	No
6.	265		Michael Moore (6/8/66) 2/3/18 148.4	No
7.	255		Jacob Smith () 5/19/2018 148.2	Yes
8.	205		Daniel Flynn (11/4/02) 8/26/2017 143.4	No
9.	190		Magnuss McVicar () 2/18/2017 146.4	

148 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	265		Anthony Meola (11/14/89) 2/2/2019 143.2
2.	255		Wayne Cook (3/20/96) 11/18/17 146.2
3.	235		Lucas Yankloski (9/30/97) 11/18/17 144.8
4.	235		Michael Moore (6/8/66) 2/3/18 148.4
5.	225		Alex Devine (4/16/97) 2/2/2019 147.8
6.	215		Graham Leggat (5/24/95) 6/3/2017 144.2
7.	175		Jacob Smith () 5/19/2018 148.2
8.	170		Magnuss McVicar () 2/18/2017 146.4
9.	160		Daniel Flynn (11/4/02) 8/26/2017 143.4

148 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	475		Wayne Cook (3/20/96) 11/18/17 146.2
2.	455		Anthony Meola (11/14/89) 2/2/2019 143.2
3.	405		Lucas Yankloski (9/30/97) 11/18/17 144.8
4.	390		Alex Devine (4/16/97) 2/2/2019 147.8
5.	320		Jacob Smith () 5/19/2018 148.2
6.	310		Magnuss McVicar () 2/18/2017 146.4
7.	305		Daniel Flynn (11/4/02) 8/26/2017 143.4
8.	325		Michael Moore (6/8/66) 2/3/18 148.4
9.	285		Graham Leggat (5/24/95) 6/3/2017 144.2

148 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1105		Anthony Meola (11/14/89) 2/2/2019 143.2
2.	1095		Wayne Cook (3/20/96) 11/18/17 146.2
3.	985		Lucas Yankloski (9/30/97) 11/18/17 144.8
4.	905		Alex Devine (4/16/97) 2/2/2019 147.8
5.	825		Michael Moore (6/8/66) 2/3/18 148.4
6.	820		Graham Leggat (5/24/95) 6/3/2017 144.2
7.	750		Jacob Smith () 5/19/2018 148.2
8.	670		Magnuss McVicar () 2/18/2017 146.4
9.	670		Daniel Flynn (11/4/02) 8/26/2017 143.4

165 Pound Men's --- Squat

	Squat	X- BW Wrapped	Lifter/YOB/Date lifted/Exact BW	
1.	525		Anthony Pirie (2/5/92) 11/18/2017 163.2	Yes
2.	450		John Wells () 6/20/2015	
3.	430		Frank Meola (7/21/92) 2/2/2019 163.6	Yes
4.	430		Lucas Yankloski (9/30/97) 2/2/2019 162.2	No
5.	415		Aaron Bennett (10/18/93) 2/2/2019 164.4	Yes
6.	405		David Cangialosi Jr (9/11/91) 164.4	No
7.	405		James Nowack (7/11/96) 2/2/2019 163.0	No
8.	385		Ezequiel Ortiz () 2/18/2017 163.6	Yes
9.	375		Marion Hebert () 2/18/2017 163.8	
10.	370		Daniel Pelow (10/4/89) 2/3/18 162.8	No
11.	355		Santana Deanda (11/29/97) 11/18/2017 160.2	
12.	350		Stephen Caserta () 11/21/2015	
13.	350		Jonah Geremiah (10/16/95) 2/3/18	Yes
14.	350		James Benedict (4/9/05) 5/19/18 162.6	Yes
15.	330		Zachary Szigeti (7/20/01) 8/4/2018 165.2	
16.	325		Jon Caldwell () 6/20/2015	
17.	325		Dylan Molchanoff () 11/21/2015	
18.	325		John Martucelli () 2/18/2017 161.8	
19.	315		Benjamin Ciaio () 11/17/18	No
20.	310		Joe Falcone () 11/17/18	No

165 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW	
1.	350		James La Tray () 6/18/2016, 165.2	
2.	345		Aaron Bennett (10/18/93) 2/2/2019 164.4	
3.	335		John Wells () 6/20/2015	
4.	315		David Cangialosi Jr. (9/11/91) 11/18/2017 163.0	
5.	305		Anthony Pirie (2/5/92) 11/18/2017 163.2	
6.	290		Dylan Molchanoff () 11/21/2015	
7.	285		Paul Mallette (3/9/95) 11/18/17 157.8	
8.	285		Daniel Pelow (10/4/89) 2/3/18 162.8	
9.	285		Lucas Yankloski () 5/19/2018 161.4	
10.	275		Marion Hebert () 2/18/2017 163.8	
11.	275		Anthony Sciametti (2/13/97) 6/3/2017 163.4	
12.	275		Santana Deanda (11/29/97) 11/18/2017 160.2	
13.	275		Jonah Geremiah (10/16/95) 2/3/18	
14.	275		Frank Meola (7/21/92) 2/2/2019 163.6	
15.	265		Ezequiel Ortiz () 2/18/2017 163.6	
16.	245		Michael Moore (6/28/66) 11/18/2017 159.0	
17.	240		Joe Falcone () 11/17/18	
18.	235		Anthony Pulis () 11/21/2015	
19.	235		John Martucelli () 2/18/2017 161.8	
20.	225		Stephen Caserta () 11/21/2015	

165 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW	
1.	575		Jonah Geremiah (10/16/95) 2/3/18	
2.	545		Anthony Pirie (2/5/92) 11/18/2017 163.2	
3.	515		John Wells () 6/20/2015	

4.	505	Aaron Bennett (10/18/93) 2/2/2019 164.4
5.	495	Frank Meola (7/21/92) 2/2/2019 163.6
6.	475	David Cangialosi Jr (9/11/91) 164.4
7.	475	Lucas Yankloski (9/30/97) 2/2/2019 162.2
8.	465	John Martucelli () 2/18/2017 161.8
9.	455	Anthony Sciametti () 2/18/2017 158.8
10.	450	Santana Deanda (11/29/97) 11/18/2017 160.2
11.	435	Daniel Pelow (10/4/89) 2/3/18 162.8
12.	435	James Nowack (7/11/96) 2/2/2019 163.0
13.	430	James Benedict (4/9/02) 11/18/07 162.2
14.	425	Stephen Caserta () 11/21/2015
15.	420	Jon Caldwell () 6/20/2015
16.	415	Dylan Molchanoff () 11/21/2015
17.	415	Ezequiel Ortiz () 2/18/2017 163.6
18.	410	Zachary Szigeti (7/20/01) 8/4/2018 165.2
19.	405	Marion Hebert () 2/18/2017 163.8
20.	405	James Benedict (4/9/05) 5/19/18 162.6

165 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1375		Anthony Pirie (2/5/92) 11/18/2017 163.2
2.	1300		John Wells () 6/20/2015
3.	1265		Aaron Bennett (10/18/93) 2/2/2019 164.4
4.	1200		Jonah Jeremiah (10/16/95) 2/3/18
5.	1200		Frank Meola (7/21/92) 2/2/2019 163.6
6.	1185		David Cangialosi Jr (9/11/91) 164.4
7.	1185		Lucas Yankloski (9/30/97) 2/2/2019 162.2
8.	1090		Daniel Pelow (10/4/89) 2/3/18 162.8
9.	1085		Santana Deanda (11/29/97) 11/18/2017 160.2
10.	1065		Ezequiel Ortiz () 2/18/2017 163.6
11.	1065		James Nowack (7/11/96) 2/2/2019 163.0
12.	1055		Marion Hebert () 2/18/2017 163.8
13.	1025		John Martucelli () 2/18/2017 161.8
14.	965		Jon Caldwell () 6/20/2015
15.	965		James Benedict (4/9/05) 5/19/18 162.6
16.	940		Zachary Szigeti (7/20/01) 8/4/2018 165.2
17.	900		Joe Falcone () 11/17/18
18.	875		Daniel Flynn () 11/17/18
19.	865		Benjamin Ciaio () 11/17/18
20.	765		Trett McVicar () 2/18/2017 157.2

181 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 730		Anthony Hobaica () 11/05/2016 179.6 wrapped
2. 710		Marcus Morris () 11/18/2017 181.4 wrapped
3. 500		Christian Garcilazo () 5/19/2018 180.0 wrapped
4. 505		Ted de Ment () 11/05/2016 180.2
5. 485		Darren McGreevy () 11/17/18 179.8
6. 460		Jason Irorio () 11/05/2016 180.6 wrapped
7. 450		Anthony Kite () 11/05/2016 178.6
8. 455		Matt Baio () 5/19/2018 180.2
9. 445		Steve Grosso () 6/20/2015
10. 435		Jonah Geremiah () 6/20/2015
11. 430		Evan Stone (10/12/00) 5/19/2018 179.6 wrapped
12. 430		Michael Cellini () 11/17/18 181.0
13. 425		John Martucelli (5/29/97) 8/26/2017 178.4
14. 425		Jacob Topple () 11/17/2018 178.0
15. 415		Ryan Morse (7/14/92) 8/4/2018 178.6
16. 410		Jason Tanoory () 11/05/2016
17. 410		Matthew Barnell () 5/19/2018 175.8
18. 405		Michael Walley (7/1/95) 11/05/2016 177.2
19. 405		Jimmie Abraham (3/28/94) 11/18/2017 180.0
20. 405		Ryan Morse () 5/19/2018 180.8

181 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 485		Anthony Hobaica () 11/05/2016 179.6
2. 385		Matthew Sullivan () 11/21/2015
3. 385		James La Tray () 6/20/2015
4. 365		Michael Walley (7/1/95) 11/18/2017 181.6
5. 365		Marcus Morris () 11/18/2017 181.4
6. 345		Anthony Kite () 11/05/2016 178.6
7. 335		Ryan Mellish () 8/26/2017 170.8
8. 325		Matt Baio () 5/19/2018 180.2
9. 325		Darren McGreevy () 11/17/18 179.8
10. 315		Joseph Pancari () 11/05/2016 175.6
11. 315		Adam Perkel () 11/17/18 181.2
12. 310		Jonah Geremiah () 6/20/2015
13. 305		Adam Perkel (9/30/90) 11/18/2017 179.8
14. 305		Christian Garcilazo () 5/19/2018 180.0
15. 300		Jimmie Abraham (3/28/94) 11/18/2017 180.0
16. 295		Glen Maldonado () 6/20/2015
17. 295		Ryan Slavick () 6/20/2015
18. 295		Jonah Geremiah () 6/20/2015
19. 295		Anthony Manatrizio () 2/18/2017
20. 295		John Martucelli (5/29/97) 8/26/2017 178.4

181 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 685		Anthony Hobaica () 11/05/2016 179.6
2. 670		Marcus Morris () 11/18/2017 181.4
3. 575		Christian Garcilazo () 5/19/2018 180.0
4. 570		Jimmie Abraham (3/28/94) 11/18/2017 180.0
5. 565		Jonah Geremiah () 6/20/2015
6. 560		Michael Cellini () 11/17/18 181.0
7. 550		Evan Stone (10/12/00) 5/19/2018 179.6
8. 545		John Martucelli (5/29/97) 8/26/2017 178.4

9.	530	Jacob Topple () 11/17/2018 178.0
10.	530	Darren McGreevy () 11/17/18 179.8
11.	525	Anthony Kite () 11/05/2016 178.6
12.	505	Matthew Barnell () 5/19/2018 175.8
13.	500	Matt Baio () 5/19/2018 180.2
14.	500	Ryan Morse (7/14/92) 8/4/2018 178.6
15.	495	Glen Maldonado () 6/20/2015
16.	485	Ryan Mellish() 8/26/2017 170.8
17.	480	Adam Perkel () 11/17/18 181.2
18.	475	Jason Tanoory () 11/05/2016
19.	475	Anthony Manatrizio () 2/18/2017
20.	465	Steve Grosso () 6/20/2015

181 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1900	Anthony Hobaica () 11/05/2016 179.6
2.	1745	Marcus Morris () 11/18/2017 181.4
3.	1380	Christian Garcilazo () 5/19/2018 180.0
4.	1340	Darren McGreevy () 11/17/18 179.8
5.	1320	Anthony Kite () 11/05/2016 178.6
6.	1280	Jonah Jeremiah () 6/20/2015
7.	1280	Matt Baio () 5/19/2018 180.2
8.	1275	Jimmie Abraham (3/28/94) 11/18/2017 180.0
9.	1265	John Martucelli (5/29/97) 8/26/2017 178.4
10.	1265	Michael Cellini () 11/17/18 181.0
11.	1230	Michael Walley (7/1/95) 11/18/2017 181.6
12.	1200	Evan Stone (10/12/00) 5/19/2018 179.6
13.	1200	Adam Perkel () 11/17/18 181.2
14.	1200	Jacob Topple () 11/17/2018 178.0
15.	1195	Jason Irorio () 11/05/2016 180.6
16.	1180	Ted de Ment () 11/05/2016 180.2
17.	1175	Matthew Barnell () 5/19/2018 175.8
18.	1175	Ryan Morse (7/14/92) 8/4/2018 178.6
19.	1165	Jason Tanoory () 11/05/2016
20.	1160	Joseph Pancari () 11/05/2016 175.6

198 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1.	725	Akeel Gaines (10/6/82) 8/26/2017 195	Yes
2.	575	Daniel Predmore () 11/05/2016 195.6	
3.	565	Damir Hadzalic (5/28/92) 197.4	Yes
4.	540	Sa-id Shakir () 11/21/2015	
5.	540	Craig Recore () 11/21/2015	
6.	480	Brian Nguyen () 11/21/2015	
7.	475	Calvin Halfacre (10/8/95) 6/3/2017 197.4	Yes
8.	460	Stephen Marx () 11/21/2015	
9.	460	Nicholas Dale (8/9/93) 2/2/2019 191.4	Yes
10.	455	Darren McGreevy () 11/05/2016 196.8	
11.	450	Joshua Davidson () 11/21/2015	
12.	450	William Scholl (5/6/63) 6/3/2017 195.2	Yes
13.	450	Bryce Simms (9/5/95) 2/2/2019 189.2	Yes
14.	440	Josh Dern () 6/20/2015	
15.	440	Sean Breslin () 2/18/2017 194.2	
16.	430	David Scozelli () 5/19/2018 195.6	Yes
17.	430	Tom Ravesi () 11/17/18 190.0	No
18.	430	Chris Bradley () 11/17/18 198.0	No
19.	425	Tim Coe (4/21/92) 11/18/2017 195.4	Yes
20.	425	Devyn Nieskens () 11/17/18 188.4	

198 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	435		Akeel Gaines (10/6/82) 8/26/2017 195
2.	430		Jose Graham () 6/18/2016, 197.4
3.	380		Daniel Predmore () 11/05/2016 195.6
4.	355		Josh Dern () 6/20/2015
5.	350		Craig Recore () 11/21/2015
6.	350		Tim Coe (4/21/92) 11/18/2017 195.4
7.	340		Sa-id Shakir () 11/21/2015
8.	340		Darren McGreevy () 11/05/2016 196.8
9.	335		Teddy McBride () 6/20/2015
10.	335		Christopher Cumberbatch (9/20/79) 11/18/17
11.	335		Damir Hadzalic (5/28/92) 11/18/2017 196.8
12.	330		Stephen Marx () 11/21/2015
13.	330		Calvin Halfacre () 2/18/2017 194.8
14.	330		Jacob Gugino (1/15/98) 11/18/2017 191.6
15.	325		Nick Tomarchio () 6/20/2015
16.	325		Thomas Foos (6/14/00) 8/4/2018 197.0
17.	320		Devyn Nieskens () 11/17/18 188.4
18.	310		Chris Bradley () 11/17/18 198.0
19.	305		Bryce Simms (9/5/95) 2/2/2019 189.2
20.	300		Daniel Fowler (8/13/90) 6/3/2017 198.0

198 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	675		Akeel Gaines (10/6/82) 5/19/2018 195.6
2.	650		Sa-id Shakir () 11/21/2015
3.	635		Craig Recore () 11/21/2015
4.	570		Daniel Predmore () 11/21/2015

5.	555	Damir Hadzalic (5/28/92) 11/18/2017 196.8
6.	550	Teddy McBride () 6/20/2015
7.	550	Calvin Halfacre (10/8/95) 6/3/2017 197.4
8.	540	Stephen Marx () 11/21/2015
9.	540	Daniel Fowler (8/13/90) 6/3/2017 198.0
10.	540	Chris Bradley () 11/17/18 198.0
11.	530	Nick Tomarchio () 6/20/2015
12.	525	Brian Nguyen () 11/21/2015
13.	525	Andrew Davis (2/7/82) 11/18/2017 198.2
14.	515	Tim Coe () 11/05/2016 192.4
15.	515	Peter Neeves () 2/18/2017 198.0
16.	510	Matt Champlin () 11/21/2015
17.	505	Alec Raphael () 11/21/2015
18.	505	Darren McGreevy () 11/05/2016 196.8
19.	505	Alex Mix () 11/05/2016 197.8
20.	505	David Scozelli () 5/19/2018 195.6

198 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1820		Akeel Gaines (10/6/82) 8/26/2017 195
2.	1530		Sa-id Shakir () 6/20/2015
3.	1525		Craig Recore () 11/21/2015
4.	1510		Daniel Predmore () 11/21/2015
5.	1425		Damir Hadzalic (5/28/92) 11/18/2017 196.8
6.	1345		Calvin Halfacre (10/8/95) 6/3/2017 197.4
7.	1330		Stephen Marx () 11/21/2015
8.	1300		Darren McGreevy () 11/05/2016 196.8
9.	1285		Josh Dern () 6/20/2015
10.	1285		Brian Nguyen () 11/21/2015
11.	1280		Teddy McBride () 6/20/2015
12.	1280		Chris Bradley () 11/17/18 198.0
13.	1255		Bryce Simms (9/5/95) 2/2/2019 189.2
14.	1250		Tim Coe (4/21/92) 11/18/2017 195.4
15.	1240		Daniel Fowler (8/13/90) 6/3/2017 198.0
16.	1235		Christopher Cumberbatch (9/20/79) 11/18/17
17.	1230		Tom Ravesi () 11/17/18 190.0
18.	1215		Andrew Davis (2/7/82) 11/18/2017 198.2
19.	1215		David Scozelli () 5/19/2018 195.6
20.	1200		Thomas Foos (6/14/00) 8/4/2018 197.0

220 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1.	700	Adam Ferchen () 6/20/2015	
2.	700	Jeremy Hillyard () 11/21/2015	
3.	685	Sa-id Shakir () 11/05/2016 217.4	
4.	685	Durell Cull (3/21/86) 8/4/2018 218.6	Yes
5.	665	Mark Chieco () 11/05/2016 219.8	
6.	640	Dan Predmore (6/1/94) 8/26/2017 213.2	Yes
7.	635	Robert Saeva () 11/21/2015	
8.	625	Joe Casero () 11/05/2016 218.2	
9.	575	Brandon Curry () 5/19/2018 218.4	Yes
10.	570	Alex Seamans (7/23/95) 6/3/2017 214.2	Yes
11.	565	Dom Gonzalez () 2/18/2017 220.2	Yes
12.	550	Mike Johnson () 11/17/18 214.8	Yes
13.	525	Kris Dulmer () 11/05/2016 220.2	
14.	525	Thomas Pettit (6/26/95) 8/26/2017 219.4	Yes
15.	525	Mynor Gonzalez () 5/19/2018 219.4	Yes
16.	520	Brian Skelly () 2/18/2017 205.6	
17.	510	Ted De Ment () 5/19/2018 199.6	Yes
18.	505	Justin Droke () 11/05/2016 219.4	
19.	500	Michael Johnson (12/26/95) 11/18/2017 217.6	Yes
20.	485	Tyler Hobaica () 2/18/2017 214.4	

220 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	530	Mark Chieco () 11/05/2016 219.8
2.	485	Durell Cull (3/21/86) 2/3/2018 218.8
3.	450	Scott Rowe () 6/20/2015
4.	440	Kris Dulmer () 11/21/2015
5.	435	Adam Ferchen () 6/20/2015
6.	415	Thomas DiCarlo () 11/5/2016 209.0
7.	410	Dan Predmore (6/1/94) 8/26/2017 213.2
8.	380	Adam Struppler () 11/21/2015
9.	385	Robert Saeva () 11/18/2017 220.2
10.	385	Geoff Roberts (2/27/87) 2/2/2019 213.8
11.	375	Luke Bright () 6/20/2015
12.	375	Alexander Mix (5/23/86) 11/18/2017 203.2
13.	370	Justin Droke () 11/05/2016 219.4
14.	370	Alex Seamans (7/23/95) 6/3/2017 214.2
15.	365	Brandon Curry () 5/19/2018 218.4
16.	355	Joe Casero () 11/05/2016 218.2
17.	355	Dom Gonzalez () 2/18/2017 220.2
18.	350	Joe Snyder () 6/20/2015
19.	350	Brian Skelly () 7/16/2016 211.4
20.	350	Sa-id Shakir () 11/05/2016 217.4

220 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	710	Durell Cull (3/21/86) 2/3/2018 218.8
2.	700	Adam Ferchen () 6/20/2015
3.	685	Geoff Roberts (2/27/87) 2/2/2019 213.8
4.	660	Luke Bright () 6/20/2015

5.	650	Robert Saeva () 11/21/2015
6.	650	Sa-id Shakir () 11/05/2016 217.4
7.	630	Mynor Gonzalez () 5/19/2018 219.4
8.	625	Joe Casero () 11/05/2016 218.2
9.	625	Brian Skelly () 2/18/2017 205.6
10.	615	Mark Chieco () 11/05/2016 219.8
11.	615	Brandon Curry () 5/19/2018 218.4
12.	600	Dom Gonzalez () 2/18/2017 220.2
13.	580	Adam Struppler () 11/21/2015
14.	585	Shane Darnofall (5/24/84) 8/4/2018 216.0
15.	575	Jeremy Hillyard () 11/21/2015
16.	575	Tyler Curtis (10/7/92) 2/2/2019 217.6
17.	570	Justin Droke () 11/05/2016 219.4
18.	570	Alex Seamans (7/23/95) 6/3/2017 214.2
19.	565	Mike Johnson () 11/17/18 214.8
20.	560	Kris Dulmer () 11/21/2015

220 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1865		Durell Cull (3/21/86) 2/3/2018 218.8
2.	1835		Adam Ferchen () 6/20/2015
3.	1810		Mark Chieco () 11/05/2016 219.8
4.	1685		Sa-id Shakir () 11/05/2016 217.4
5.	1665		Robert Saeva () 11/21/2015
6.	1605		Joe Casero () 11/05/2016 218.2
7.	1600		Jeremy Hillyard () 11/21/2015
8.	1600		Dan Predmore (6/1/94) 8/26/2017 213.2
9.	1555		Brandon Curry () 5/19/2018 218.4
10.	1520		Dom Gonzalez () 2/18/2017 220.2
11.	1510		Kris Dulmer () 11/05/2016 220.2
12.	1510		Alex Seamans (7/23/95) 6/3/2017 214.2
13.	1470		Brian Skelly () 2/18/2017 205.6
14.	1455		Mynor Gonzalez () 5/19/2018 219.4
15.	1445		Justin Droke () 11/05/2016 219.4
16.	1435		Adam Struppler () 11/21/2015
17.	1415		Thomas Pettit (6/26/95) 8/26/2017 219.4
18.	1385		Luke Bright () 6/20/2015
19.	1375		Mike Johnson () 11/17/18 214.8
20.	1355		Tyler Hobaica () 2/18/2017 214.4

242 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 800		Mark Chieco (8/30/77) 5/19/2018 238.4	Yes
2. 725		Joshua Walker () 11/17/18 238.8	Yes
3. 715		Kyle Sheridan () 11/21/2015	
4. 700		Luigi Fagiani () 6/20/15	
5. 600		Alex Alexander () 11/21/2015	
6. 575		Eddie Wilson () 11/21/2015	
7. 575		Ryan Hannon () 2/18/2017 241.2	Yes
8. 545		Philip Mitsiell () 11/21/2015	
9. 540		Shane Darnofall () 11/17/18 230.6	Yes
10. 530		Thomas Coene (1/24/98) 6/3/2017 235.4	No
11. 530		Ted Damiano () 5/19/2018 233.8	Yes
12. 520		Benford Henry () 2/18/2017 230.2	
13. 520		Jeremy Ingersoll (11/1/92) 11/18/2017 242.0	No
14. 520		Jared Clark () 5/19/2018 268.4	No
15. 500		William Till (1/31/80) 11/18/2017 236.0	No
16. 500		Phillip Fletcher (12/4/68) 2/3/18 237.4	Yes
17. 475		Ryan Hannon () 6/20/2015	
18. 475		Phillip Fletcher (12/4/68) 6/3/2017 237.6	Yes
19. 475		Noah Ewert () 5/19/2018 237.4	No
20. 460		Anthony Piccione () 7/16/2016 227.4	

242 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	575		Mark Chieco (8/30/77) 5/19/2018 238.4
2.	445		Alex Alexander () 11/21/2015
3.	440		Luigi Fagiani () 6/20/15
4.	440		Joshua Walker () 11/17/18 238.8
5.	430		Ryan Hannon () 2/18/2017 241.2
6.	430		Kris Dulmer (7/8/75) 2/3/18 236.8
7.	415		James La Grange () 7/16/2016 240.8
8.	405		Romie Sigmon III () 11/21/2015
9.	405		Ted Damiano () 5/19/2018 233.8
10.	405		Dustin Taubert (7/8/93) 8/4/2018 237.2
11.	400		Eddie Wilson () 11/21/2015
12.	390		Justin Droke (10/5/90) 6/3/2017 239.2
13.	390		Shane Darnofall () 11/17/18 230.6
14.	385		Josh Przywara () 11/21/2015
15.	385		Kyle Sheridan () 11/21/2015
16.	385		Benford Henry () 2/18/2017 230.2
17.	380		Philip Mitsiell () 11/21/2015
18.	380		Ed Desantis (6/15/90) 11/18/2017 233.0
19.	350		Jeremy Ingersoll (11/1/92) 11/18/2017 242.0
20.	345		Keith Bellomo () 11/21/2015

242 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	800		Luigi Fagiani () 6/20/15
2.	730		Alex Alexander () 11/21/2015
3.	705		Kyle Sheridan () 11/21/2015
4.	700		Ryan Hannon () 2/18/2017 241.2

5.	700	Jared Clark () 5/19/2018 268.4
6.	660	Eddie Wilson () 11/21/2015
7.	660	Mark Chieco (8/30/77) 5/19/2018 238.4
8.	635	Joshua Walker () 11/17/18 238.8
9.	625	Benford Henry () 2/18/2017 230.2
10.	625	Thomas Coene (1/24/98) 6/3/2017 235.4
11.	620	Ryan Hannon () 6/20/2015
12.	600	Shane Darnofall () 11/17/18 230.6
13.	585	Jeremy Ingersoll (11/1/92) 11/18/2017 242.0
14.	575	Justin Droke (10/5/90) 6/3/2017 239.2
15.	560	Philip Mitsiell () 11/21/2015
16.	560	Anthony Piccione () 7/16/2016 227.4
17.	550	Josh Przywara () 11/21/2015
18.	550	William Till (1/31/80) 11/18/2017 236.0
19.	540	Ted Damiano () 5/19/2018 233.8
20.	530	Michael Ferlito (6/20/73) 2/2/2019 226.2
21.	505	Patrick Callahan () 11/21/2015

242 Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	2035		Mark Chieco (8/30/77) 5/19/2018 238.4
2.	1940		Luigi Fagiani () 6/20/15
3.	1805		Kyle Sheridan () 11/21/2015
4.	1800		Joshua Walker () 11/17/18 238.8
5.	1775		Alex Alexander () 11/21/2015
6.	1705		Ryan Hannon () 2/18/2017 241.2
7.	1635		Eddie Wilson () 11/21/2015
8.	1535		Jared Clark () 5/19/2018 268.4
9.	1530		Benford Henry () 2/18/2017 230.2
10.	1530		Shane Darnofall () 11/17/18 230.6
11.	1485		Philip Mitsiell () 11/21/2015
12.	1475		Ted Damiano () 5/19/2018 233.8
13.	1455		Jeremy Ingersoll (11/1/92) 11/18/2017 242.0
14.	1435		Thomas Coene (1/24/98) 6/3/2017 235.4
15.	1385		Josh Przywara () 11/21/2015
16.	1320		Ed Desantis (6/15/90) 11/18/2017 233.0
17.	1295		William Till (1/31/80) 11/18/2017 236.0
18.	1275		Anthony Piccione () 7/16/2016 227.4
19.	1240		Phillip Fletcher (12/4/68) 2/3/18 237.4
20.	1225		Noah Ewert () 5/19/2018 237.4

275 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	
1.	900	Mike Lackey () 5/19/2018 266.8 wrapped	
2.	840	Sean Green () 5/19/2018 269.8 wrapped	
3.	810	Bob Merkh () 5/19/2018 257.0 wrapped	
4.	700	Erik Schiferle (2/17/91) 8/4/2018 275.2 wrapped	
5.	665	Jeff Sobol () 2/18/2017 273.4 wrapped	
6.	660	Adam Williams () 6/20/2015	
7.	630	Shane Hachey (2/10/91) 8/26/2017 261.8 wrapped	
8.	605	Mike Garofalo () 2/18/2017 274.6 wrapped	
9.	585	Keith Caton () 5/19/2018 263.6	
10.	550	Joshua Walker (9/6/86) 2/3/18 251.0	No
11.	550	Phillip Fletcher (12/4/68) 2/2/2019 252.4	Yes
12.	500	Jared Clark () 2/18/2017 262.2 wrapped	
13.	480	Jonathan Sawicki () 6/20/2015	
14.	475	Dave Hoyt () 6/20/2015	
15.	475	Erin Smith (8/16/88) 6/3/2017 261.0	No
16.	435	Patrick Callahan () 2/18/2017 271.2	
17.	405	Patrick Vinette () 2/18/2017 274.0	
18.	405	Matt Apenowich (4/7/89) 11/18/2017 257.0	No
19.	365	Marc Brader () 11/17/18 265.0	Yes

275 Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	550		Mike Lackey () 5/19/2018 266.8
2.	540		Mike Garofalo () 2/18/2017 274.6
3.	500		Robb Francis () 6/20/2015
4.	500		Jason Weaver (4/27/76) 8/26/2017 273.0
5.	465		Shane Hachey () 5/19/2018
6.	455		Bob Merkh () 5/19/2018 257.0
7.	445		Jeff Sobol () 2/18/2017 273.4
8.	440		Lou Rappa () 11/05/2016 282.0
9.	440		Sean Green () 5/19/2018 269.8
10.	435		Joshua Walker (9/6/86) 2/3/18 251.0
11.	425		Jim LaGrange () 6/20/2015
12.	380		Brian Nguyen () 11/05/2016 253.6
13.	375		Erik Schiferle (2/17/91) 8/4/2018 275.2
14.	355		Dave Hoyt () 6/20/2015
15.	355		Bill Laffan () 6/20/2015
16.	345		Matt Apenowich (4/7/89) 11/18/2017 257.0
17.	345		Keith Caton () 5/19/2018 263.6
18.	315		Jonathan Sawicki () 6/20/2015
19.	315		Erin Smith (8/16/88) 6/3/2017 261.0
20.	300		Jared Clark () 2/18/2017 262.2

275 Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	870		Sean Green () 5/19/2018 269.8
2.	800		Mike Lackey () 5/19/2018 266.8
3.	700		Bob Merkh () 5/19/2018 257.0
4.	700		Erik Schiferle (2/17/91) 8/4/2018 275.2

5.	690	Jason Weaver (4/27/76) 8/26/2017 273.0
6.	665	Jeff Sobol () 2/18/2017 273.4
7.	660	Shane Hachey () 5/19/2018
8.	650	Jared Clark () 2/18/2017 262.2
9.	650	Mike Garofalo () 2/18/2017 274.6
10.	640	Keith Caton () 5/19/2018 263.6
11.	630	Brian Nguyen (9/22/99) 11/18/2017 270.8
12.	600	Joshua Walker (9/6/86) 2/3/18 251.0
13.	555	Patrick Callahan () 2/18/2017 271.2
14.	545	Dave Hoyt () 6/20/2015
15.	525	Jonathan Sawicki () 6/20/2015
16.	530	Erin Smith (8/16/88) 6/3/2017 261.0
17.	505	Patrick Vinette () 2/18/2017 274.0
18.	500	Phillip Fletcher (12/4/68) 2/2/2019 252.4
19.	435	Matt Apenowich (4/7/89) 11/18/2017 257.0
20.	425	Marc Brader () 11/17/18 265.0

275 Pound Men's --- Total

	Total	X- BW Lifter/YOB/Date lifted/Exact BW
1.	2250	Mike Lackey () 5/19/2018 266.8
2.	2150	Sean Green () 5/19/2018 269.8
3.	1975	Jason Weaver (4/27/76) 8/26/2017 273.0
4.	1965	Bob Merkh () 5/19/2018 257.0
5.	1795	Mike Garofalo () 2/18/2017 274.6
6.	1775	Jeff Sobol () 2/18/2017 273.4
7.	1775	Erik Schiferle (2/17/91) 8/4/2018 275.2
8.	1750	Shane Hachey () 5/19/2018
9.	1690	Brian Nguyen () 11/05/2016 253.6
10.	1585	Joshua Walker (9/6/86) 2/3/18 251.0
11.	1575	Keith Caton () 5/19/2018 263.6
12.	1450	Jared Clark () 2/18/2017 262.2
13.	1375	Dave Hoyt () 6/20/2015
14.	1335	Phillip Fletcher (12/4/68) 2/2/2019 252.4
15.	1320	Jonathan Sawicki () 6/20/2015
16.	1320	Erin Smith (8/16/88) 6/3/2017 261.0
17.	1265	Patrick Callahan () 2/18/2017 271.2
18.	1185	Matt Apenowich (4/7/89) 11/18/2017 257.0
19.	1155	Patrick Vinette () 2/18/2017 274.0
20.	1050	Marc Brader () 11/17/18 265.0

308 Pound Men's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 825		Jason Weaver (4/27/76) 5/19/2018 291.0	Yes
2. 585		Matt Krajacic () 11/17/18 292.4	Yes
3. 580		Luke Marean (7/22/92) 11/18/2017 297.0	No
4. 550		Jeff Linton () 6/20/2015	
5. 385		Michael Flynn (12/10/69) 11/17/18 280.8	No

308 Pound Men's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 525		Jason Weaver (4/27/76) 5/19/2018 291.0
2. 440		Jeff Linton () 6/20/2015
3. 440		Lou Rapa () 11/5/2016 282.0
4. 430		Toni Balijagic (7/18/95) 2/2/2019 276.4
5. 350		Luke Marean () 2/18/2017 289.0
6. 335		Matt Krajacic (4/26/88) 2/2/2019 288.0
7. 315		Michael Flynn (12/10/69) 8/4/2018 287.8

308 Pound Men's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 755		Jason Weaver () 5/19/2018 296.4
2. 700		Toni Balijagic (7/18/95) 2/2/2019 276.4
3. 660		Jeff Linton () 6/20/2015
4. 610		Matt Krajacic (4/26/88) 2/2/2019 288.0
5. 570		Luke Marean (7/22/92) 11/18/2017 297.0
6. 425		Michael Flynn (12/10/69) 8/4/2018 287.8

308 Pound Men's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 2050		Jason Weaver (4/27/76) 5/19/2018 291.0
2. 1650		Jeff Linton () 6/20/2015
3. 1515		Matt Krajacic (4/26/88) 2/2/2019 288.0
4. 1490		Luke Marean (7/22/92) 11/18/2017 297.0
5. 1075		Michael Flynn (12/10/69) 8/4/2018 287.8

SHW Pound Men's --- Squat

	Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	740		Pete Knutsen (4/25/1987) 318.0 wrapped
2.	700		Tony Egnoto () 2/18/2017 347.0 wrapped
3.	600		Chris Andrews (9/22/87) 8/4/2018 249.2

SHW Pound Men's --- Bench Press

	Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	430		Pete Knutsen (4/25/1987) 318.0
2.	425		Chris Andrews (9/22/87) 8/4/2018 249.2
3.	375		Tony Egnoto () 2/18/2017 347.0

SHW Pound Men's --- Deadlift

	Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	735		Pete Knutsen (4/25/1987) 318.0
2.	725		Tony Egnoto () 2/18/2017 347.0
3.	600		Chris Andrews (9/22/87) 8/4/2018 249.2

SHW Pound Men's --- Total

	Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1905		Pete Knutsen (4/25/1987) 318.0
2.	1800		Tony Egnoto () 2/18/2017 347.0
3.	1625		Chris Andrews (9/22/87) 8/4/2018 249.2

WOMEN'S RANKINGS

97 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 190		Alex Pratt () 10/21/2017 97.0 wrapped
2. 70		Sophia Gervais (7/7/11) 2/2/2019 64.2

97 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 90		Alex Pratt () 10/21/2017 97.0
2. 45		Sophia Gervais (7/7/11) 2/2/2019 64.2

97 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 225		Alex Pratt () 10/21/2017 97.0
2. 105		Sophia Gervais (7/7/11) 2/2/2019 64.2

97 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 505		Alex Pratt () 10/21/2017 97.0
2. 220		Sophia Gervais (7/7/11) 2/2/2019 64.2

105 Pound Women's --- Squat

Squat **X- BW** **Lifter/YOB/Date lifted/Exact BW**
1.

105 Pound Women's --- Bench Press

Bench **X- BW** **Lifter/YOB/Date lifted/Exact BW**
1.

105 Pound Women's --- Deadlift

Deadlift **X- BW** **Lifter/YOB/Date lifted/Exact BW**
1.

105 Pound Women's --- Total

Total **X- BW** **Lifter/YOB/Date lifted/Exact BW**
1.

114 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 280		Michele Agostaneli (12/5/96) 11/17/2018 113.4
2. 260		Nicole Boshart () 11/21/2015
3. 185		Alyssa Quick (1/7/98) 11/17/2018 111.4
4. 180		Layla Merkh () 10/21/2017 113.8 wrapped
5. 155		Stacy Packard (2/19/73) 8/4/2018 114.5
6. 135		Emily Weaver () 5/19/2018 114.0

114 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 145		Michele Agostaneli (12/5/96) 11/17/2018 113.4
2. 130		Nicole Boshart () 11/21/2015
3. 125		Stacy Packard (2/19/73) 8/4/2018 114.5
4. 90		Emily Weaver () 5/19/2018 114.0
5. 75		Layla Merkh () 10/21/2017 113.8
6. 75		Alyssa Quick (1/7/98) 11/17/2018 111.4

114 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 275		Michele Agostaneli (12/5/96) 11/17/2018 113.4
2. 260		Nicole Boshart () 11/21/2015
3. 260		Stacy Packard (2/19/73) 8/4/2018 114.5
4. 235		Emily Weaver () 5/19/2018 114.0
5. 230		Alyssa Quick (1/7/98) 11/17/2018 111.4
6. 185		Layla Merkh () 11/5/2016 114.2

114 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 700		Michele Agostaneli (12/5/96) 11/17/2018 113.4
2. 650		Nicole Boshart () 11/21/2015
3. 540		Stacy Packard (2/19/73) 8/4/2018 114.5
4. 490		Alyssa Quick (1/7/98) 11/17/2018 111.4
5. 460		Emily Weaver () 5/19/2018 114.0
6. 435		Layla Merkh () 10/21/2017 113.8

123 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 320		Antoinette Bashir () 2/18/2017 123.2 wrapped
2. 310		Emily Gillespie () 11/5/2016 121.6
3. 250		Jen Hazzard (6/6/85) 8/4/2018 119.4 wrapped
4. 230		Lesley Georger () 10/21/217 120.8
5. 215		Jennifer Piazza () 10/21/2017 123.2
6. 180		Bridgette Pritchard () 10/21/2017 116.6
7. 140		Sonja Fries () 6/20/2015 123

123 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 150		Emily Gillespie () 11/5/2016 121.6
2. 145		Antoinette Bashir () 2/18/2017 123.2
3. 145		Jen Hazzard (6/6/85) 8/4/2018 119.4
4. 115		Sonja Fries () 6/20/2015 123
5. 115		Jennifer Piazza () 11/21/2015 120.8
6. 115		Bridgette Pritchard () 10/21/2017 116.6
7. 105		Lesley Georger () 10/21/217 120.8

123 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 350		Jen Hazzard (6/6/85) 8/4/2018 119.4
2. 320		Emily Gillespie () 11/5/2016 121.6
3. 315		Antoinette Bashir () 2/18/2017 123.2
4. 265		Lesley Georger () 10/21/217 120.8
5. 250		Bridgette Pritchard () 10/21/2017 116.6
6. 225		Jennifer Piazza () 6/20/2015 123
7. 220		Sonja Fries () 6/20/2015 123

123 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 780		Emily Gillespie () 11/5/2016 121.6
2. 780		Antoinette Bashir () 2/18/2017 123.2
3. 745		Jen Hazzard (6/6/85) 8/4/2018 119.4
4. 600		Lesley Georger () 10/21/217 120.8
5. 545		Bridgette Pritchard () 10/21/2017 116.6
6. 535		Jennifer Piazza () 10/21/2017 123.2
7. 475		Sonja Fries () 6/20/2015 123

132 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 420	3.187	Becki Pierotti (5/5/85) 10/13/18 131.8 Wrapped
2. 330	2.511	Jessica Kline () 11/05/2016 131.4
3. 290	2.2	Emily Gillespie (8/18/95) 10/13/18 131.8
4. 260		Emily Bajish (7/3/72) 2/2/19 129.2
5. 250	1.891	Emily Holmes (7/24/93) 10/13/18 132.2
6. 235	1.78	Chrissy Cimino () 6/20/2015 132
7. 200	1.54	Rachel Betts () 11/5/2016 129.8
8. 185	1.447	Phyllis Rose () 11/5/2016 127.8
9. 170		Belinda Ragland (9/29/92) 11/17/2018 126.8
10. 170		Jessica Tedesco (2/28/95) 11/17/18
11. 165		Elizabeth Neeves () 2/18/2017 132.2
12. 145		Gina Brightman (7/8/67) 8/4/2018 129.4

132 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 225	1.707	Becki Pierotti (5/5/85) 10/13/18 131.8
2. 150	1.135	Emily Holmes (7/24/93) 10/13/18 132.2
3. 150	1.138	Emily Gillespie (8/18/95) 10/13/18 131.8
4. 145		Jessica Kline () 11/05/2016 131.4
5. 145		Madeline Rosado (9/22/70) 2/2/2019 130.0
6. 125		Chrissy Cimino () 6/20/2015 132
7. 125		Elizabeth Neeves () 2/18/2017 132.2
8. 125		Emily Bajish (7/3/72) 2/2/19 129.2
9. 115		Belinda Ragland (9/29/92) 11/17/2018 126.8
10. 100		Rachel Betts () 11/5/2016 129.8
11. 100		Gina Brightman (7/8/67) 8/4/2018 129.4
12. 95		Phyllis Rose () 11/5/2016 127.8
13. 75		Jessica Tedesco (2/28/95) 11/17/18
14. 55		Cindy Struckle (8/18/57) 8/4/2018 124.2

132 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 410	3.11	Becki Pierotti (5/5/85) 10/13/18 131.8
2. 385	2.912	Emily Holmes (7/24/93) 10/13/18 132.2
3. 330	2.503	Emily Gillespie (8/18/95) 10/13/18 131.8
4. 325		Jessica Kline () 11/05/2016 131.4
5. 265		Emily Bajish (7/3/72) 2/2/19 129.2
6. 260		Elizabeth Neeves () 2/18/2017 132.2
7. 255		Chrissy Cimino () 6/20/2015 132
8. 235		Rachel Betts () 11/5/2016 129.8
9. 235		Phyllis Rose () 11/5/2016 127.8
10. 230		Belinda Ragland (9/29/92) 11/17/2018 126.8
11. 225		Gina Brightman (7/8/67) 8/4/2018 129.4
12. 225		Jessica Tedesco (2/28/95) 11/17/18
13. 105		Cindy Struckle (8/18/57) 8/4/2018 124.2

132 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 1055	8.00	Becki Pierotti (5/5/85) 10/13/18 131.8
2. 800		Jessica Kline () 11/05/2016 131.4
3. 785	5.937	Emily Holmes (7/24/93) 10/13/18 132.2
4. 770	5.842	Emily Gillespie (8/18/95) 10/13/18 131.8
5. 650		Emily Bajish (7/3/72) 2/2/19 129.2
6. 615		Chrissy Cimino () 6/20/2015 132
7. 550		Elizabeth Neeves () 2/18/2017 132.2
8. 535		Rachel Betts () 11/5/2016 129.8

Updated February 17, 2019

9.	515	Phyllis Rose () 11/5/2016 127.8
10.	515	Belinda Ragland (9/29/92) 11/17/2018 126.8
11.	470	Gina Brightman (7/8/67) 8/4/2018 129.4
12.	470	Jessica Tedesco (2/28/95) 11/17/18

148 Pound Women's --- Squat

Squat		X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1.	425	2.86	Allison Hind (9/14/81) 10/13/18 148.6	Yes
2.	385	2.77	Jessica Kline (1/23/90) 10/13/18 139.0	Yes
3.	360		Lauren Angelet () 10/21/2017 147.8	Yes
4.	310	2.208	Christina Bruce (6/12/90) 10/13/18 140.4	No
5.	300		Cassie Kardias () 11/21/2015 141.8	
6.	255		Calley Shurgot () 11/21/2015 148.2	
7.	240		Catherine Novick (10/18/89) 11/17/2018	
8.	215		Felicia Barr (11/17/95) 11/18/17 142.4	No
9.	215		Jennifer Romano (5/6/77) 11/18/2017 143.2	No
10.	195		Diane Petrowski () 11/05/2016 141.0	
11.	195		Brianna Karboski () 2/18/2017 140.0	
12.	190		Christina Watson (10/23/79) 11/17/2018	No
13.	185		Liz Bennett (3/4/78) 2/3/18 143.8	No
14.	185		Maryangeli Mata (6/2/96) 11/147/2018	No
15.	155		Meghann Moser (1/5/84) 8/4/18 138.4	No

148 Pound Women's --- Bench Press

Bench		X- BW	Lifter/YOB/Date lifted/Exact BW	
1.	335	2.254	Allison Hind (9/14/81) 10/13/18 148.6	
2.	195		Lauren Angelet () 10/21/2017 147.8	
3.	175		Stormy Mendez () 11/17/18 147.6	
4.	165		Calley Shurgot () 11/21/2015 148.2	
5.	155		Cassie Kardias () 11/21/2015 141.8	
6.	155	1.115	Jessica Kline (1/23/90) 10/13/18 139.0	
7.	145		Jennifer Romano (5/6/77) 11/18/2017 143.2	
8.	145	1.033	Christina Bruce (6/12/90) 10/13/18 140.4	
9.	140		Catherine Novick (10/18/89) 11/17/2018	
10.	135		Diane Petrowski () 11/21/2015 145.6	
11.	135		Felicia Barr (11/17/95) 11/18/17 142.4	
12.	115		Brianna Karboski () 2/18/2017 140.0	
13.	115		Christina Watson (2/28/85) 8/4/2018 140.4	
14.	105		Meghann Moser (1/5/84) 8/4/18 138.4	
15.	100		Liz Bennett (3/4/78) 2/3/18 143.8	
16.	90		Maryangeli Mata (6/2/96) 11/147/2018	
17.	85	.607	Terri Groves (10/22/59) 10/13/18 140.0	

148 Pound Women's --- Deadlift

Deadlift		X- BW	Lifter/YOB/Date lifted/Exact BW	
1.	430		Allison Hind () 5/19/2018 147.8	
2.	405		Lauren Angelet () 10/21/2017 147.8	
3.	370		Cassie Kardias () 11/21/2015 141.8	
4.	360	2.564	Christina Bruce (6/12/90) 10/13/18 140.4	
5.	355	2.554	Jessica Kline (1/23/90) 10/13/18 139.0	
6.	350		Calley Shurgot () 11/21/2015 148.2	
7.	340		Stormy Mendez () 11/17/18 147.6	
8.	280		Felicia Barr (11/17/95) 11/18/17 142.4	
9.	275		Catharine Novick (10/23/79) 8/4/2018 145.4	
10.	255		Liz Bennett (3/4/78) 2/3/18 143.8	
11.	250		Diane Petrowski () 11/21/2015 145.6	
12.	250	1.691	Christina Watson (2/28/85) 10/13/18 147.8	
13.	245		Jennifer Romano (5/6/77) 11/18/2017 143.2	
14.	245		Maryangeli Mata (6/2/96) 11/147/2018	
15.	225		Brianna Karboski () 2/18/2017 140.0	
16.	215		Meghann Moser (1/5/84) 8/4/18 138.4	

17. 200 1.428 Terri Groves (10/22/59) 10/13/18

148 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 1175	7.907	Allison Hind (9/14/81) 10/13/18 148.6
2. 960		Lauren Angelet () 10/21/2017 147.8
3. 895	6.438	Jessica Kline (1/23/90) 10/13/18 139.0
4. 825		Cassie Kardias () 11/21/2015 141.8
5. 815	5.804	Christina Bruce (6/12/90) 10/13/18 140.4
6. 770		Calley Shurgot () 11/21/2015 148.2
7. 655		Catherine Novick (10/18/89) 11/17/2018
8. 630		Felicia Barr (11/17/95) 11/18/17 142.4
9. 605		Jennifer Romano (5/6/77) 11/18/2017 143.2
10. 565		Diane Petrowski () 11/05/2016 141.0
11. 545	3.687	Christina Watson (2/28/85) 10/13/18 147.8
12. 540		Liz Bennett (3/4/78) 2/3/18 143.8
13. 535		Brianna Karboski () 2/18/2017 140.0
14. 520		Maryangeli Mata (6/2/96) 11/14/2018
15. 475		Meghann Moser (1/5/84) 8/4/18 138.4

165 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW	Wrapped
1. 460		Allison Hind (9/14/81) 11/17/2018	Yes
2. 380		Samantha Mello () 10/21/2017 163.6	Yes
3. 350		Jessica Carbone () 2/18/2017 165.0	Yes
4. 325		Leanna Matthews () 11/21/2015 154.2	
5. 315		Chantie Jones () 11/21/2015 163	
6. 315		Cheyenne Pelletier () 10/21/2017 164.6	Yes
7. 315	1.947	Gretchen Darrah (10/17/82) 10/13/18 161.8	Yes
8. 300		Heather Freeborn () 11/05/2016 164.4	
9. 290		Emily Silva () 10/21/2017 165.2	
10. 275		Tunde Szivak () 10/21/2017 152.4	Yes
11. 270		Lisa Vokes () 11/05/2016 159.8	
12. 255		Jen Woodhouse (3/1/89) 11/17/2018	
13. 250		Heather Vona () 11/05/2016 165.2	
14. 250		Jody Hale () 8/4/2018 154.8	
15. 240	1.455	Anandi Caldwell (3/20/92) 165.0	No
16. 230		Ashley Buckley () 11/05/2016 161.6	
17. 235		Amanda Leavall (6/4/96) 11/17/2018	No
18. 220		Brianna Kane () 10/21/2017 163.2	Yes
19. 210		Allison McConnell (7/4/88) 6/3/2017 160.8	No
20. 175		Cammy Sandberg (2/28/71) 6/3/2017 150.4	No
21. 165		Alexandra Pereira (11/20/97) 11/17/2018	No

165 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 320		Allison Hind (9/14/81) 11/17/2018
2. 245		Sabrina DeCosta () 10/21/2017 164.4
3. 215		Cheyenne Pelletier () 10/21/2017 164.6
4. 205		Chanel Nolet () 2/18/2017 152.2
5. 200	1.236	Gretchen Darrah (10/17/82) 10/13/18 161.8
6. 190		Amanda Leavall (6/4/96) 11/17/2018
7. 185		Vanessa Sanchez () 10/21/2017 155.0
8. 180		Lisa Vokes () 11/05/2016 159.8
9. 180		Jessica Carbone () 2/18/2017 165.0
10. 170	1.03	Anandi Caldwell (3/20/92) 165.0
11. 160		Samantha Mello () 10/21/2017 163.6
12. 160		Tunde Szivak () 10/21/2017 152.4
13. 155		Chantie Jones () 11/21/2015 163
14. 155		Linda Hines () 10/21/2017 162.6
15. 145		Leanna Matthews () 11/21/2015 154.2
16. 145		Heather Freeborn () 11/05/2016 164.4
17. 145		Emily Silva () 10/21/2017 165.2
18. 145		Brianna Kane () 10/21/2017 163.2
19. 140		Heather Vona () 11/05/2016 165.2
20. 135		Allison McConnell (7/4/88) 6/3/2017 160.8
21. 135		Cammy Sandberg (2/28/71) 6/3/2017 150.4

165 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 430		Allison Hind (9/14/81) 11/17/2018
2. 400		Cheyenne Pelletier () 10/21/2017 164.6
3. 360		Jessica Carbone () 2/18/2017 165.0
4. 360		Samantha Mello () 10/21/2017 163.6
5. 350		Chantie Jones () 11/21/2015 163
6. 350	2.121	Anandi Caldwell (3/20/92) 165.0

7.	335		Leanna Matthews () 11/21/2015 154.2
8.	335		Vanessa Sanchez () 10/21/2017 155.0
9.	335	2.07	Gretchen Darrah (10/17/82) 10/13/18 161.8
10.	320		Emily Silva () 10/21/2017 165.2
11.	305		Ashley Buckley () 11/05/2016 161.6
12.	305		Jody Hale () 8/4/2018 154.8
13.	300		Heather Freeborn () 11/05/2016 164.4
14.	300		Allison McConnell (7/4/88) 6/3/2017 160.8
15.	295		Tunde Szivak () 10/21/2017 152.4
16.	290		Heather Vona () 11/05/2016 165.2
17.	280		Amanda Leavall (6/4/96) 11/17/2018
18.	275		Lisa Vokes () 11/05/2016 159.8
19.	270		Crystal Barrett (11/1/83) 8/4/2018 154.8
20.	265		Cammy Sandberg (2/28/71) 6/3/2017 150.4
21.	265		Amanda Leavall (6/4/96) 11/17/2018

165 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	1215	Allison Hind (9/14/81) 11/17/2018
2.	930	Cheyenne Pelletier () 10/21/2017 164.6
3.	900	Samantha Mello () 10/21/2017 163.6
4.	890	Jessica Carbone () 2/18/2017 165.0
5.	850	5.253 Gretchen Darrah (10/17/82) 10/13/18 161.8
6.	820	Chantie Jones () 11/21/2015 163
7.	805	Leanna Matthews () 11/21/2015 154.2
8.	760	4.606 Anandi Caldwell (3/20/92) 165.0
9.	755	Emily Silva () 10/21/2017 165.2
10.	745	Heather Freeborn () 11/05/2016 164.4
11.	730	Tunde Szivak () 10/21/2017 152.4
12.	710	Amanda Leavall (6/4/96) 11/17/2018
13.	690	Jody Hale () 8/4/2018 154.8
14.	680	Heather Vona () 11/05/2016 165.2
15.	665	Ashley Buckley () 11/05/2016 161.6
16.	645	Allison McConnell (7/4/88) 6/3/2017 160.8
17.	630	Amanda Leavall (6/4/96) 11/17/2018
18.	625	Brianna Kane () 10/21/2017 163.2
19.	575	Cammy Sandberg (2/28/71) 6/3/2017 150.4
20.	465	Alexandra Pereira (11/20/97) 11/17/2018

181 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 600		Jeanine Whittaker () 10/21/2017 180.0 wrapped
2. 440		Calley Shurgot () 10/21/2017 180.0 wrapped
3. 405		Samantha Mello (12/31/91) 2/3/18 181.4
4. 365		Heather Freeborn () 2/18/2017 174.0 wrapped
5. 245		Amy Miner () 11/05/2016 178.8
6. 240		Molly Nicholson (5/27/82) 8/4/2018 174.8
7. 235		Hana Grosso () 6/20/2015
8. 225		Latoneya Burwell (7/11/80) 11/18/2017 181.6 wrapped
9. 215		Kathryn Macdonald (1/29/98) 11/17/18
10. 210		Katelyn Bolen () 11/21/2015 181.0
11. 155		Catherine Tisenchek (7/8/57) 8/4/2018 180.2

181 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 300		Jeanine Whittaker () 10/21/2017 180.0
2. 225		Calley Shurgot () 10/21/2017 180.0
3. 175		Samantha Mello (12/31/91) 2/3/18 181.4
4. 150		Heather Freeborn () 2/18/2017 174.0
5. 150		Molly Nicholson (5/27/82) 8/4/2018 174.8
6. 145		Brianna Kane () 2/18/2017 169.0
7. 135		Latoneya Burwell (7/11/80) 11/18/2017 181.6
8. 115		Amy Miner () 11/05/2016 178.8
9. 105		Kathryn Macdonald (1/29/98) 11/17/18
10. 95		Catherine Tisenchek (7/8/57) 8/4/2018 180.2
11. 85		Hana Grosso () 6/20/2015

181 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 535		Jeanine Whittaker () 10/21/2017 180.0
2. 440		Calley Shurgot () 10/21/2017 180.0
3. 370		Samantha Mello (12/31/91) 2/3/18 181.4
4. 325		Latoneya Burwell (7/11/80) 11/18/2017 181.6
5. 315		Heather Freeborn () 2/18/2017 174.0
6. 310		Molly Nicholson (5/27/82) 8/4/2018 174.8
7. 300		Katelyn Bolen () 11/21/2015 181.0
8. 300		Kathryn Macdonald (1/29/98) 11/17/18
9. 290		Amy Miner () 11/05/2016 178.8
10. 295		Hana Grosso () 6/20/2015
11. 175		Catherine Tisenchek (7/8/57) 8/4/2018 180.2

181 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 1435		Jeanine Whittaker () 10/21/2017 180.0
2. 1105		Calley Shurgot () 10/21/2017 180.0
3. 950		Samantha Mello (12/31/91) 2/3/18 181.4
4. 830		Heather Freeborn () 2/18/2017 174.0
5. 700		Molly Nicholson (5/27/82) 8/4/2018 174.8
6. 685		Latoneya Burwell (7/11/80) 11/18/2017 181.6
7. 650		Amy Miner () 11/05/2016 178.8
8. 620		Kathryn Macdonald (1/29/98) 11/17/18
9. 615		Hana Grosso () 6/20/2015
10. 425		Catherine Tisenchek (7/8/57) 8/4/2018 180.2

198 Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	350	Cassandra Blackman () 6/20/2015 198
2.	325	Amber Brusman () 10/21/2017 191.4 wrapped
3.	290	Jennifer Smith (5/26/84) 11/17/2018
4.	285	Shannon McPheron (11/20/76) 8/26/2017 183.6
5.	220	Jessica Hansler (4/9/76) 8/4/2018 187.8

198 Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	165	Jessica Hansler (4/9/76) 8/4/2018 187.8
2.	150	Cassandra Blackman () 6/20/2015 198
3.	150	Jennifer Smith (5/26/84) 11/17/2018
4.	145	Shannon McPheron (11/20/76) 8/26/2017 183.6
5.	145	Amber Brusman () 10/21/2017 191.4

198 Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	360	Cassandra Blackman () 6/20/2015 198
2.	355	Amber Brusman () 10/21/2017 191.4
3.	330	Shannon McPheron (11/20/76) 8/26/2017 183.6
4.	315	Jennifer Smith (5/26/84) 11/17/2018
5.	280	Jessica Hansler (4/9/76) 8/4/2018 187.8
6.	260	Kate Bolen () 6/20/2015 198

198 Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1.	860	Cassandra Blackman () 6/20/2015 198
2.	825	Amber Brusman () 10/21/2017 191.4
3.	760	Shannon McPheron (11/20/76) 8/26/2017 183.6
4.	755	Jennifer Smith (5/26/84) 11/17/2018
5.	665	Jessica Hansler (4/9/76) 8/4/2018 187.8

SHW Pound Women's --- Squat

Squat	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 400		Carrie Tolerico () 11/05/2016 269.6
2. 360		Krielle Baldwin () 5/19/2018 230.0 wrapped
3. 350		Jerriann Doll () 10/21/2017 205.2 wrapped
4. 345	1.69	Steffany Rose (4/24/77) 10/13/18 204.2 wrapped
5. 320		Chari Lane Mayer () 11/21/2015 218
6. 315		Madison LeVea (6/15/00) 2/3/18 221.4
7. 290		LaToneya Burwell () 5/19/2018 206.6
8. 280		Marlene Miranda () 11/05/2016 219.2
9. 265		Danielle Velazquez (10/20/70) 5/19/2018 283.4
10. 165		Crystal Shene () 5/19/2018 218.0 wrapped

SHW Pound Women's --- Bench Press

Bench	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 220	1.077	Steffany Rose (4/24/77) 10/13/18 204.2
2. 200		Jerriann Doll () 10/21/2017 205.2
3. 185		Krielle Baldwin () 5/19/2018 230.0
4. 180		Carrie Tolerico () 10/21/2017 272.4
5. 170		Chari Lane Mayer () 11/21/2015 218
6. 170		Marlene Miranda () 11/05/2016 219.2
7. 170		Sara Jordan () 10/21/2017 206.8
8. 150		LaToneya Burwell () 5/19/2018 206.6
9. 135		MonaLissa Edson (8/27/82) 8/4/2018 259.4
10. 130		Madison LeVea (6/15/00) 2/3/18 221.4
11. 130		Danielle Velazquez (10/20/70) 5/19/2018 283.4
12. 120		Sarah Wilday (7/30/89) 8/4/2018 246.0

SHW Pound Women's --- Deadlift

Deadlift	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 410		Krielle Baldwin () 5/19/2018 230.0
2. 390		Jerriann Doll () 10/21/2017 205.2
3. 385		Marlene Miranda () 11/05/2016 219.2
4. 365		LaToneya Burwell () 5/19/2018 206.6
5. 330		Chari Lane Mayer () 11/21/2015 218
6. 330	1.616	Steffany Rose (4/24/77) 10/13/18 204.2
7. 325		Madison LeVea (6/15/00) 2/3/18 221.4
8. 325		Danielle Velazquez (10/20/70) 5/19/2018 283.4
9. 315		MonaLissa Edson (8/27/82) 8/4/2018 259.4
10. 300		Carrie Tolerico () 10/21/2017 272.4
11. 210		Crystal Shene () 5/19/2018 218.0

SHW Pound Women's --- Total

Total	X- BW	Lifter/YOB/Date lifted/Exact BW
1. 955		Krielle Baldwin () 5/19/2018 230.0
2. 940		Jerriann Doll () 10/21/2017 205.2
3. 900	4.407	Steffany Rose (4/24/77) 10/13/18 204.2
4. 865		Carrie Tolerico () 11/05/2016 269.6
5. 835		Marlene Miranda () 11/05/2016 219.2
6. 820		Chari Lane Mayer () 11/21/2015 218
7. 805		LaToneya Burwell () 5/19/2018 206.6
8. 770		Madison LeVea (6/15/00) 2/3/18 221.4
9. 720		Danielle Velazquez (10/20/70) 5/19/2018 283.4